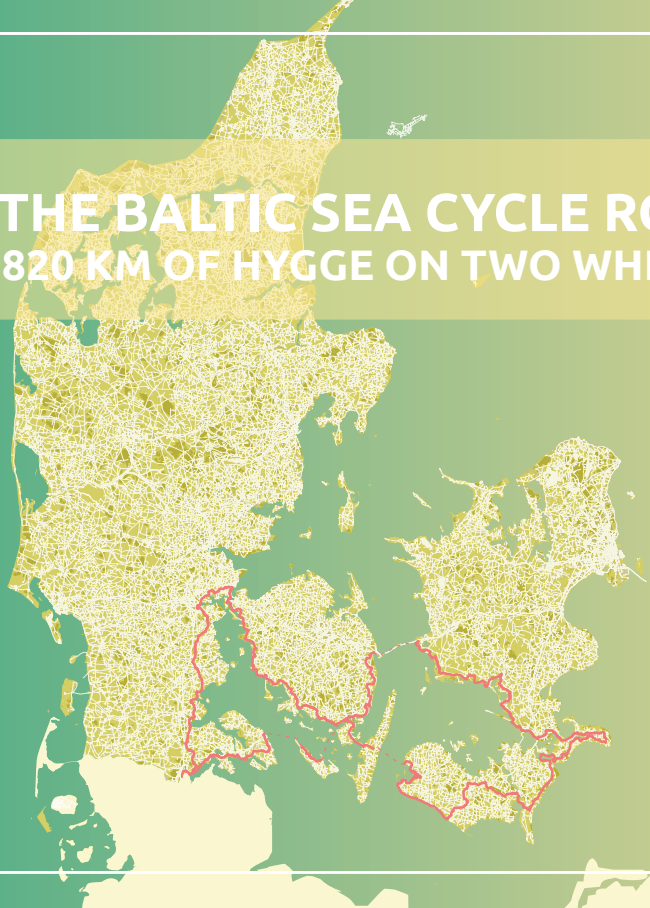


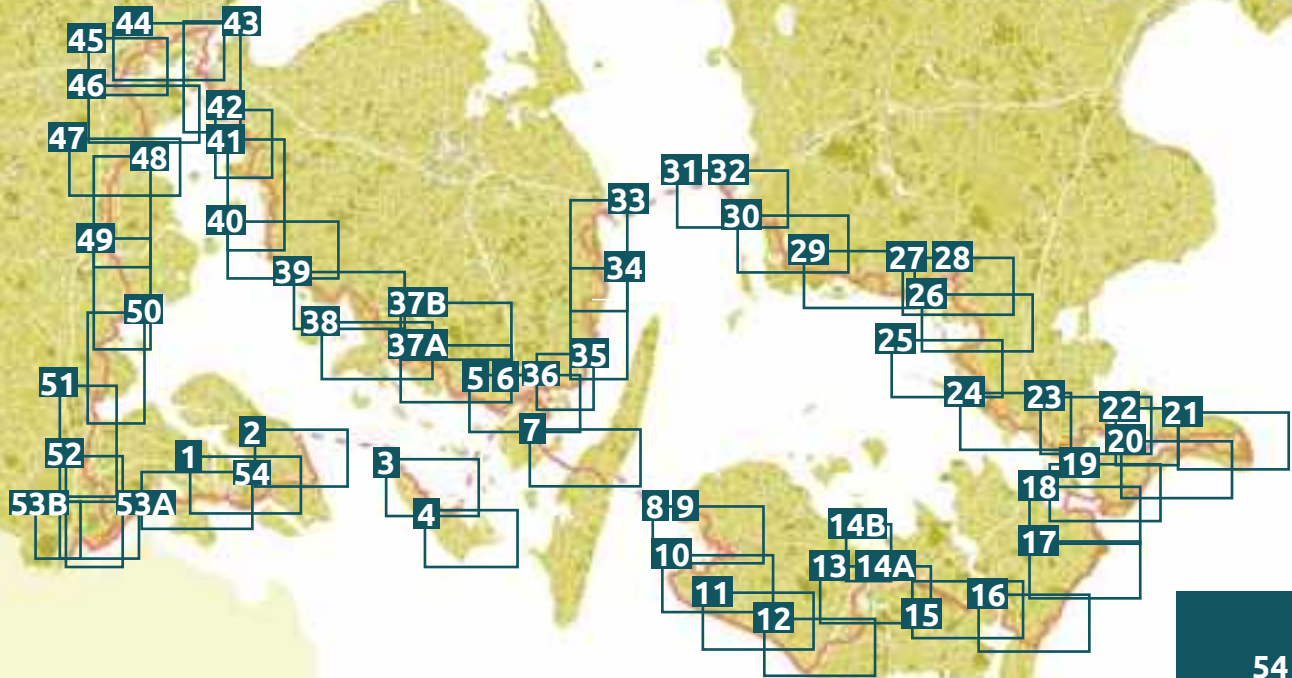
THE BALTIC SEA CYCLE ROUTE

820 KM OF HYGGE ON TWO WHEELS



**BALTIC SEA
CYCLE ROUTE**

OVERVIEW OF DETAILED MAPS



54 MAPS
1:75.000

BALTIC SEA CYCLE ROUTE

FIND YOUR WAY AROUND THIS BOOK

On the Jacket of this book you will find an outline of the whole of the Baltic Sea Cycle Route. Numbers have been given to each of the detailed maps, found inside the book.

You can find these detailed maps under each stage of the journey. Scale: 1 : 75,000, 1cm = 750m.

There are different options for the bike services en route. These options are shown on the individual maps, like Bike Friends, bike repair stations, toilets, shopping, overnight stays etc.

If there is anything in particular you wish to visit which is slightly off route, you simply choose an alternative cycle route



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THE BALTIC SEA CYCLE ROUTE

820 KM OF HYGGE ON TWO WHEELS

Imagine a place where you can switch-off from everyday life while being fully re-energised, a place where land meets the sea. A place where the water's calming flow follows you, harmonising and keeping rhythm with your wheels as they touch the ground. Imagine a place where you ride along an ebbing and flowing, ever-changing coastline with a rich and wondrous diversity of nature; a place where you can ride from one delightful little harbour to the next, passing through typically Danish villages, while later relaxing in modern market towns with ambient and cosy atmospheres. These places exist. These are the places you find along the Baltic Sea Cycle Route.

The National Route 8, the Baltic Sea Cycle Route, is 820km (509.5 miles) long and is the longest in the National Cycle Route Network of Denmark. The Baltic Sea Cycle Route takes in the most stunning parts of southern Denmark, including both the west and south of Sjælland (Zealand), Møn, Lolland, Falster, Fyn, Lillebælt and Sønderjylland (southern Jutland). You can experience a vast diversity of islands throughout this region, both large and small, by bike, connected by as many as eight bridges and four picturesque ferries. You'll meet friendly locals, and you'll enjoy regional dishes. Stop along the way to explore the historic castles and manor houses on the route. Find a quiet place in nature, sit for a while pondering on life or challenge yourself to do something new.

This book contains the essential information you need to plan your route. It is full of informative and inspiring ideas and experiences for your journey, whether in nature, art, culture, outdoor activities, or historical places of interest. It entices you to move through the rolling, near-coastal landscape, while always keeping an eye out for the first glimpse of the sea, at each stage of the route. The 14-stage journey of the Baltic Sea Cycle Route will leave you awestruck with its beauty and full to the brim of life-long memories.

Find more information:
www.balticseacycleroute.com



ABOUT THE ROUTE

LENGHT AND STAGES OF THE ROUTE

The Baltic Sea Cycle Route is one long route that stretches 820km, shaped like the figure 8. In this book, we have broken the route down into 14 stages, each with its own novel characteristics and between 35 -75km in length. Each stage begins in towns with bike services, public transport and attractions. You can cycle along the whole route or choose specific stretches of it. It is completely your choice which way around the route you decide to go, from each starting point.

ROAD TYPES AND TRAFFIC

The Baltic Sea Cycle Route is almost exclusively ridden on asphalted B-roads (minor roads) and cycle paths. Through forests and near the coast some roads are gravelled, but still perfect for cycling on.

When the route reaches roads with heavy traffic, there are separate cycle paths. In the towns, you will cycle primarily on cycle paths.

SIGNAGE

The signs along the Baltic Sea Cycle Route are blue with a white line drawing of a bicycle and 'Østersøruten' written in text. The number 8 in a red box relates to the number in the National Cycling Route Network of Denmark. A sign without arrows means you carry on straight ahead.

DIFFICULTY

Denmark is a flat country, so the route can, largely, be cycled by everyone. There are however some hilly stretches that will take your breath away - always a good excuse for a pit stop.



PLAN YOUR TRIP – BE SPONTANEOUS!

YOU DECIDE

You decide where on the route you wish to start, how many stages you want to do in one go or if you want to leave any out.

The figure of eight shape of the Baltic Sea Cycle Route allows you to choose either an eastern or a western loop. The eastern loop is a cycle ride for a total of 470 km through stages 2 to 9. Here you can enjoy the islands of Tåsinge, Langeland, Lolland, Falster, Bogø, Møn, Sjælland and Funen. In the eastern loop, there are two major bridges, two ferry crossings and a train ride for you and your bike, as you cross Storebælt.

The western loop is a total of 350 km through stages 1 and 10 to 14. Prepare to meet the islands of Als, Ærø and Funen,

as well as the hilly terrain of Sønderjylland between Fredericia and the Danish-German border. Along the way there are two ferry crossings as you cross Lillebælt, via the old Lillebælt Bridge.

ARRIVAL AND DEPARTURE BY CAR

If you arrive by car at the start of your bike ride, there are several different long-term parking options. In this book you will find plenty of places to park at each stage of the journey, ready for your trip along the Baltic Sea Cycle Route. Alternatively, you can always seek advice on parking, by speaking to the hotel reception or owner of your lodging.

PUBLIC TRANSPORT

It is possible, at all the start and finish points along the 14 stages of the route,

to arrive and depart by both train and/or bus.

BIKES ON TRAINS AND BUSES

There are many bus stops and train stations along the Baltic Sea Cycle Route. Use www.rejseplanen.dk or its app to see which ones fit your choice of route. You can also see which departing trains allow you to take your bike. You have to remember to book a space for your bike on the Intercity trains between 1st May and 31st August. All regional buses, X-buses and intercity buses/Flixbus allow bikes. However, there may be limitations due to lack of space or rush hour travel. Make sure you check with the individual bus companies named in this book, on each stage of the journey.

BIKES ON THE TRAIN ACROSS STOREBÆLT BRIDGE

REMEMBER! When travelling across Storebælt (Stage 9), you must buy your ticket AND a ticket for your bike, if going between 1st May and 31st August (inclusive).

You can book your tickets by contacting DSB Customer Service on +45 70 13 14 15. Your bike ticket can then be picked up from one of the ticket machines at the station. You can also buy the tickets in DSB Salg and Service, as well as in the 7-Elevens at the station. It is not possible to buy a bike ticket from the ticket machine unless you have pre-ordered it. From 1st September to 30th April you do not have to have a separate ticket for your bike.

BIKES ON THE FERRIES

There are four ferry connections on the Baltic Sea Cycle Route and plenty of opportunity for other smaller ferry journeys. There is also the additional Øhop (Island Hopping) connections if you want to venture off the main route. Find more information on ferry connections for each stage of the journey and don't forget to use the ferry companies' websites or customer services if you need further information.



ATMOSPHERE

BIKE FRIENDS

Along the Baltic Sea Cycle Route, you can make many new Bike Friends. There are restaurants and cafes, shops, places to stay, a variety of attractions and others that volunteer to provide Service Stations for cycle guests. It is possible to borrow bicycle pumps and puncture kits, have a drink or a rest on a bench, eat your packed lunch and use the facilities. In some places, you can even charge your electric bike. Pay special attention to the 'Bike Friends' signs en route or ask in the local tourist information shops or search the destination town websites.

PLACES TO STAY, PLACES TO EAT

There are places to stay at most stages of the route; whether a simple campsite or

one with excellent facilities, a hostel (Danhostel), B&B, an old-fashioned country inn, a hotel or a manor house, it is always a good idea to book in advance, especially if you are arriving during high season – mid-June to mid-August. Search 'places to stay' on the website for your chosen destination, for each stage of the journey.

On these websites, you can also find addresses and phone numbers of restaurants and cafes that you may wish to visit.



SPECIAL ATTRACTIONS

The experiences you have while cycling in the varied near-coastal landscapes are what makes the Baltic Sea Cycle Route so unique. In this book, we have chosen six attractions to provide information on – a top attraction, which is the highlight of the stage, plus five other points of interest. There is more information on museums, events, food, countryside attractions and outdoor activities if you look at the websites for the chosen destinations, found in the 'Practical Information' section for each stage of the route.

If you are especially interested in experiencing everything the Baltic Sea Cycle Route has to offer in terms of natural beauty you will find points of interest marked on the detailed maps for each stage of the journey. There are plenty of places you can camp, enjoy a campfire and find areas for bird watching.

You can find more information on www.eng.naturstyrelsen.dk
The Baltic Sea Cycle Route offers unique experiences in all seasons. In low season, we recommend that you research the destinations you are travelling to, to ensure your chosen services, attractions and facilities are open.

PACKAGE TOURS

On the western side of the Baltic Sea Cycle Route, you can book Package Tours for 3 to 7 days which include overnight stays and luggage transport. You can, for example, see the cathedral town of Haderslev and the historical city of Sønderborg.

See more on www.booksonderjylland.dk/en



TAKE CARE OF THE COUNTRYSIDE

TRAFFIC REGULATIONS

The Danish rules and regulations for cyclists can be found in the 'Announcement of the Road Traffic Act' paragraphs 49 and 50, which includes information on how to outfit your bike and which equipment you need.

For example, it is forbidden to cycle on the pavement or footpath, and you must ensure that lights and brakes are in good working order. It is crucial to exhibit law-abiding behaviour and to be safe, for your sake and the sake of your fellow travellers.

WHAT AM I ALLOWED TO DO IN THE COUNTRYSIDE?

Everyone can go where they like in the Danish countryside as long as you are considerate of animals, plants and other

people. It is your responsibility to be safe. Here are some of the most important rules:

- You are allowed in public woods and forests 24 hours a day, all year round.
- In private woods and forest, you are only allowed from 6 am until sunset, but only on roads and paths.
- All cycling to be carried out on roads and trails, regardless of public or private land.
- Foraging for private use is allowed.
- It can be difficult to see if a wood or forest is publically or privately owned. Look for signs and follow the rule of

thumb that red posts are used in public forests, and green ones, on private land.

- Entry to a forest can sometimes be limited during the hunting season.
- You are allowed on uncultivated land (meadows, cliffs, coasts and the seaside etc) on foot while pulling your bike.
- If you wish to take a rest in a public forest /uncultivated land, you have to be at least 50 meters from the nearest building. If you wish to rest on private ground, you have to be at least 150 meters from the nearest building.

You can check further rules on: www.eng.naturstyrelsen.dk

ALS AND THE SOUTHERN FYN ARCHIPELAGO

Stage 1 Sønderborg - Svendborg 45 km plain terrain

Stage 2 Svendborg - Nakskov 45 km plain terrain





STAGE 1

SØNDERBORG - SVENDBORG



ALS AND ÆRØ – PICTURESQUE FERRIES – THE SOUTHERN FYN ARCHIPELAGO – WILD ISLAND ENVIRONMENT – SEASIDE GOLF AND PLEASURE FISHING – UNIQUE BEACH HUTS – THE ARCHIPELAGO’S RELAXING ATMOSPHERE – CHATTING WITH THE LOCALS

Starting in Sønderborg on Stage 1 of the route, you cycle towards Høruphav, through the Sønderskov forest. Here, you ride through several quaint countryside villages on Als before arriving at the ferry in Fynshav. This is the ferry to Bøjden, on Fyn and to Søby, on Ærø. Jump on the Ærø ferry and set course for Søby. After an hour on board, you arrive in the town of Søby, which has a lovely, child-friendly beach. Should you fancy riding a few extra kilometres, the impressive Skjoldnæs Lighthouse and the beautiful Ærø Golf Course, are both close to the Route.



45 km



Ferry between Fynshav, Als and Søby, Ærø
Ferry between Ærøskøbing, Ærø and Svendborg, Fyn



44 km asphalt. 1 km gravel/cobbled streets

The Baltic Sea Cycle Route stretches from Søby to Ærøskøbing and is nearly 18 km long. You will ride through the beautiful Danish countryside, passing the old manor house of Søbygaard and the cosy little town of Skovby. Here, you will also find yourself on ‘Ærø’s Alps’ where even experienced cyclists are put to the test. Your reward is the view! For most of the journey, you are accompanied by a spectacular view over the archipelago towards Fyn. On the route near Ærøskøbing, you ride along the beautiful Borgnæs Bugt (Borgnæs Bay). Once you reach Ærøskøbing, you can venture through the cobbled streets on a little journey of discovery. From Ærøskøbing you have another ferry journey, which this time takes you to Svendborg on Fyn.

It is also possible to start Stage 1 in Svendborg, sail from here to Ærøskøbing and follow the Baltic Sea Cycle Route to Søby and Sønderborg, eventually picking up Stage 14 of the route here.





HIGHLIGHT STAGE 1

COUNTRYSIDE ON ÆRØ

The top attraction of Ærø is its stunning countryside. It is a combination of the gently flowing beaches, set against the backdrop of the South Fyn Archipelago and the more wild and rugged stretches of coastline against the Baltic Sea that makes Ærø's countryside so unique. A ramble on Ærø is an obvious choice for nature lovers. If you visit the area of Vitsø, you can find salt meadows, wetlands and water holes, the habitat for a vast range of geese and ducks. You may also pay a visit to Voderup Klint where large parts of the cliff have eroded to form long step-shaped terraces. On the northern side of Ærø, you will find a beautiful lighthouse, Skjoldnæs Fyr. It can be seen all the way from Kiel in Germany. It was built as a beacon, after Denmark was defeated by Germany in 1864, to greet our friends and family from afar. Around the lighthouse, you now find one of Europe's most beautifully placed seaside golf courses. Fishing for pleasure on Ærø is world-class! You are almost guaranteed a catch of Sea trout along this extraordinary coastline.



SØNDERBORG

Sønderborg Town

Sønderborg is a lovely market town with a beautiful castle that has protected the town for hundreds of years. Sønderborg and Als are connected to mainland Jylland via the stunning King Christian X Bridge. The town is a popular destination for pleasure boaters. At the Sønderborg Castle, you can visit many historical exhibitions about Sønderjylland and Schleswig, going back 800 years. If you would like to experience Sønderborg from the top, you must visit 'The Point of View' viewing-platform at the new Hotel Alsik.

www.visitsonderborg.com

Map 1 **2**

ÆRØSKØBING

Ærøskøbing Town

The beautifully preserved town of Ærøskøbing lies on the northern side of the island in a natural harbour. Ærøskøbing is a well-preserved town from the Middle Ages, which has remained seemingly unchanged since the 1800s. The cosy winding roads and the old but well-preserved houses give this charming town a fantastic atmosphere. It is believed that the town stems from around 1250 and was built by the Margraviate of Brandenburg who owned Ærø at the time.

www.visitaeroe.com

Map 3 and 4 **3**



ÆRØSKØBING AND MARSTAL

Beach Huts on Vesterstrand and Eriks Hale

A beach hut on Ærø isn't just any old beach hut. It is a place where friends and family gather, where traditions are upheld, and where people have fun while the sun disappears over the horizon. You find these characterful beach huts in two places on Ærø – some on Vesterstrand near Ærøskøbing and some on Eriks Hale by Marstal, approximately 12km from the Baltic Sea Cycle Route. The oldest hut is nearly 100 years old, and the job of preserving these beautiful gems is taken very seriously indeed.

www.visitaeroe.com

Map 3 and 4 4

ÆRØ

Taste of Ærø

Let your taste buds tingle as you visit the old farm shops and gastronomic entrepreneurs on Ærø. The former grocery shop in Ærøskøbing is a quaint and cosy, shop and café. Don't forget to take a peek at the old Laundry House that now houses the new micro-distillery 'Ærø Whiskey'. Many Danes love a small sweet with liquorice sandwiched in the middle, called 'Lakridskonfekt'. This little confectionary has been reinvented to an exceptional standard at 'Hattesens Konfektfabrik'.

www.visitaeroe.com

Map 3 and 4 5



ÆRØSKØBING

Arnfeldt Hotel & Restaurant

Intimacy, hospitality and local produce from Ærø is on the menu at the Arnfeldt Hotel and Restaurant. Morten Arnfeldt delivers superb haute cuisine, focusing especially on high quality, local produce. The wine menu has been specially selected to accompany the restaurant's menu, which changes weekly. The restaurant lies in the old part of the town and has a large terrace with views over the harbour.

www.arnfeldthotel.dk/en/

Map 3 and 4 6

Postal codes 6400 Sønderborg – 6440 Fynshav – 5985 Søby – 5970 Ærøskøbing – 5700 Svendborg

Tourist Information

Sønderborg and Als www.visitsonderjylland.com
Sønderborg Tourist Information, Perlegade 50, 6400 Sønderborg

Ærø www.visitaeroe.com
Ærø Tourist Information, Ærøskøbing Havn 4, 5970 Ærøskøbing

Svendborg www.visitsvendborg.com
Svendborg Tourist Information, Havnepladsen 2, 5700 Svendborg

Places to Stay, Eat and Explore

See www.visitsonderjylland.com, www.visitaeroe.com and www.visitsvendborg.com



Long Term Parking

Bjerggade, Sønderborg
 Frederiksø, Svendborg
 Svinget 2, Svendborg
 Ærø - Havnepladsen in Marstal and Pilebækken in Ærøskøbing

Travel to and from

| | |
|-----------------------|---|
| Sønderborg | Sønderborg Station Train to/from Fredericia: www.dsb.dk/en Local and regional buses: www.sydtrafik.dk Intercity Bus: www.global.flixbus.com |
| Fynshav and Søby Havn | Ferry : www.aeroe-ferry.dk/en (booking online) |
| Ærøskøbing | Ferry to/from Svendborg: www.aeroe-ferry.dk/en/ (book online) +45 62 52 40 00 Local buses on Ærø: www.visitaeroe.com |

Svendborg

Svendborg Station

Train to Odense and then onto Copenhagen, Jutland and the rest of Europe: www.dsb.dk/en

Local and regional buses : www.fynbus.dk

Flixbus Bus Stop, Sundbrovej v. Johannes Jørgensens Vej, Svendborg:
www.global.flixbus.com

Svendborg Ferry Port

Ferry to/from Ærø : www.aeroe-ferry.dk/en
 (booking online)
 + 45 62 52 40 00

Ferry to Skarø, Drejø and Hjortø:
svendborg-havn.dk/en
 (booking online)
 +45 62 23 30 80





-  **CAMPING**
-  **BASIC CAMPSITE**
-  **SHELTER**
-  **CAMPFIRE**
-  **VIEW**
-  **TOURIST-INFO**
-  **PARKING**
-  **SHOPPING**
-  **ATTRICTIONS**
-  **HOTEL**
-  **YOUTH HOSTEL**
-  **EATERIES**
-  **TOILET**
-  **BIKE SERVICE**
-  **BIKE RENTAL**
-  **TRAIN STATION**
-  **FERRY**
-  **THE ROUTE**

3 N
2







- | | | |
|-----------------------|---------------------|---------------------|
| CAMPING | HOTEL | TOURIST-INFO |
| BASIC CAMPSITE | YOUTH HOSTEL | PARKING |
| SHELTER | EATERIES | SHOPPING |
| CAMPFIRE | TOILET | ATTRACTI-ONS |
| VIEW | BIKE SERVICE | BIKE RENTAL |
| TRAIN STATION | THE ROUTE | |





STAGE 2

SVENDBORG – NAKSKOV



SOUTH FYN, TÅSINGE, SIØ, LANGELAND, LOLLAND – HARBOUR LIFE IN SVENDBORG – CREATIVE SHOPS AND MUSIC VENUES – CULINARY SOUTH FYN – TALL BRIDGES CROSSING THE SOUTH FYN ARCHIPELAGO – VALDEMAR'S CASTLE – TRANEKÆR CASTLE – HAT HILLS AND WILD HORSES

As you start Stage 2 in Svendborg, you ride along the Baltic Sea Cycle Route across the Svendborg Sound Bridge to Tåsinge. Here you can have a little rest at Vindebyøre and take delight in the beautiful views across the sound. The next stop is Troense and the impressive Valdemar's Castle that sits majestically, on the water's edge. From Tåsinge you continue towards Siø and on to Langeland, which offers a world of outdoor activities like diving, pleasure fishing, walking and sailing.



45 km



Ferry between Spodsbjerg, Langeland and Tårs, Lolland



44 km asphalt. 1 km gravel / similar terrain

The largest town is Rudkøbing, where you can learn all about the 10,000-year-old history of the island at the Museum of Langeland. Should you fancy a 10km detour, then venture north to experience Tranekær Castle and the wild horses on Flådet.

In Stengade Skov near Spodsbjerg, you can see the beech tree where the poet Adam Oehlenschläger was inspired, in the start of the 1800s, to write the Danish National Anthem 'Det er et yndigt land' which means 'It is a beautiful country'. In Spodsbjerg you catch the ferry to Tårs on Lolland. The journey takes 45 minutes, so there is plenty of time to rest before exploring Lolland.

Should you wish to start Stage 2 with Nakskov as the starting point and Svendborg as the finish, it is possible from there, to take Stage 1 to Ærø, Stage 9 to Korsør or Stage 10 to Faaborg and Assens.





HIGHLIGHT STAGE 2

TOWN OF SVENDBORG

The harbour town of Svendborg rests in Svendborg Sound. Spend some time in one of the excellent eateries near the harbour, enjoy some shopping in the old, idyllic streets and consider whether to take your adventure even further with some island hopping around the south Fyn Archipelago. From Svendborg, you can jump on the ferry to the tiny islands of Skarø, Drejø and Hjortø and to the charming island of Ærø. Svendborg is a town full of spirit – creative, cultural and entrepreneurial. You sense this in the many music venues in the town, as well as all the festivals that can be enjoyed throughout the year, such as the food festival ‘Culinary South Fyn’.

Don’t forget to enjoy the beautiful old buildings as you meander through the town. Check out Svendborg’s oldest church, founded in the beginning of the 13th Century. You’ll be missing out if you don’t take a walk down to Frederiksø, once a thriving shipyard. These days, it is home to a creative community of small maritime and cultural businesses, with informal cafés and meeting places.

Kort 6 **1** 27



SVENDBORG

Naturama

Naturama is Fyn's zoological museum. Children and adults alike come to admire the stuffed moose, the musk ox, whale skeletons and birds in a nature theatre with light, sound and film. Pet the baby bear, hear the bellowing of the stag and get up close and personal with the polar bears, wolves and wild boar. Journey up and find more than 500 types of fascinating birds. Naturama's focus is on engaging visitors through fun activities, dressing up, tours and science theatre, using all three levels of the museum.

www.naturama.dk

Map 6 2

TÅSINGE

Valdemar's Castle

The journey to the picturesque Valdemar Castle on Tåsinge is extra special by bike. The castle was built between 1639 -1644 by King Christian IV for his son Valdemar Christian. Today, the descendants of the seafaring hero Niels Juel, who took over the castle in 1678, own the castle. During the summer months, the castle is open to the public. Here you can truly feel the historical heart of the building, beating. Café Æblehaven is open for coffee and cake in the summer.

www.valdemarsslot.dk

Map 6 3



LANGELAND

Nature on Langeland

Langeland island is 52km long and only 11km at its widest. The island is connected to Siø, Tåsinge and Fyn by bridges and has an extensive wildlife habitat. There is so much to discover on Langeland. You can visit the wild horses, explore the hat hills or dedicate a day to bird watching. Migrating birds love Langeland's fauna and are especially fond of the southern tip of the island. Langeland is also the perfect destination if you want to swap your bike for a diving suit, a fishing rod or swimwear at Ristinge Beach.

www.my-langeland.com

Map 7 4

LANGELAND

Tranekær Castle

Tranekær Castle on Langeland is a must. Take a detour of a mere 10km, and you will soon see the large red castle as you enter Tranekær. In the 1200s this was already a vast castle, situated on a steep hill with a moat around it. In 1659 the castle was given in dowry to Frederik Ahlefeldt-Laurvig and has been in the family ever since. In 1993 the estate entrusted the park to the Tranekær International Centre for Art and Nature (TICKON) to create land art of natural materials by world-renowned artists.

www.tranekaergods.dk

Map 7 5



LOLLAND

Frederiksdal Cherry Wine

Denmark's largest vineyard lies on the west coast of Lolland where the climate is ideal for growing cherries. You can look forward to tasting the Frederiksdal Cherry Wine, which has won numerous national and international awards. In the summer you can book tours of the vineyard and buy a bottle of your favourite wine to take home – if there is enough room in your basket! Do also make time for an amble through the estate's ancient deer park.

www.frederiksdal.com/en/

Map 8 6

Postal codes 5700 Svendborg – 5900 Rudkøbing – 5973
Tranekær – 4912 Harpelunde - 4900 Nakskov

Tourist Information

Svendborg and
Tåsinge www.visitsvendborg.com
Svendborg Tourist Information, Havnepladsen
2, 5700 Svendborg

Langeland www.my-langeland.com
Langeland Tourist Information, Torvet 5,
5900 Rudkøbing

Lolland www.visitlolland-falster.com
Nakskov Tourist Information, Axeltorv 3, 4900
Nakskov

Places to Stay, Eat and Explore

See www.visitsvendborg.com
www.my-langeland.com
www.visitlolland-falster.com



Long Term Parking

Frederiksø, Svendborg
 Svinget 2, Svendborg
 Nakskov Havn
 Albuen Parkering, Nakskov

Travel to and from

Svendborg

Svendborg Station

Train to Odense and then on to Copenhagen, Jutland and the rest of Europe: www.dsb.dk/en

Local and Regional buses: www.fynbus.dk/en

Flixbus Bus Stop Sundbrovej v.
 Johannes Jørgensens Vej, 5700 Svendborg:
www.global.flixbus.com

Havnepladsen
 Svendborg
 (Svendborg
 Harbour)

Ferry to/from Ærø: www.aeroe-ferry.dk/en
 (booking online) + 45 62 52 40 00
 Ferry to Skarø, Dejro and Hjortø
www.svendborg-havn.dk/en (booking online)
 +45 62 23 30 80

Rudkøbing
 Bus Terminal

Local and regional buses : www.fynbus.dk/en
 Fjernbus: www.global.flixbus.com

Ferry to/from Marstal, Ærø: aeroexpressen.dk
 Ferryhop to/from Strynø online booking on:
langelandkommune.dk

Spodsbjerg and
 Tårs

Ferry Spodsbjerg-Tårs: langelandslinjen.dk
 (booking online) + 45 70 25 10 25

Nakskov

Nakskov Station
 Buses to/from Tårs including other local and regional
 buses: movia.dk.
 Local train to/from Nykøbing F lokaltoget.dk

6



SVENDBORG

OLLERUP

VINDEBY

THURØ BY

RANTZAUERMINDE

TROENSE



7

| | | |
|--|--|---|
|  CAMPING |  HOTEL |  TOURIST-INFO |
|  BASIC CAMPSITE |  YOUTH HOSTEL |  PARKING |
|  SHELTER |  EATERIES |  SHOPPING |
|  CAMPFIRE |  TOILET |  ATTRACTIONS |
|  VIEW |  BIKE SERVICE |  BIKE RENTAL |
|  TRAIN STATION |  THE ROUTE | |



-  **CAMPING**
-  **BASIC CAMPSITE**
-  **SHELTER**
-  **CAMPFIRE**
-  **VIEW**
-  **TOURIST-INFO**
-  **PARKING**
-  **SHOPPING**
-  **1-6 ATTRACTIVE SITES**
-  **HOTEL**
-  **YOUTH HOSTEL**
-  **EATERIES**
-  **TOILET**
-  **BIKE SERVICE**
-  **BIKE RENTAL**
-  **TRAIN STATION**
-  **FERRY**
-  **THE ROUTE**



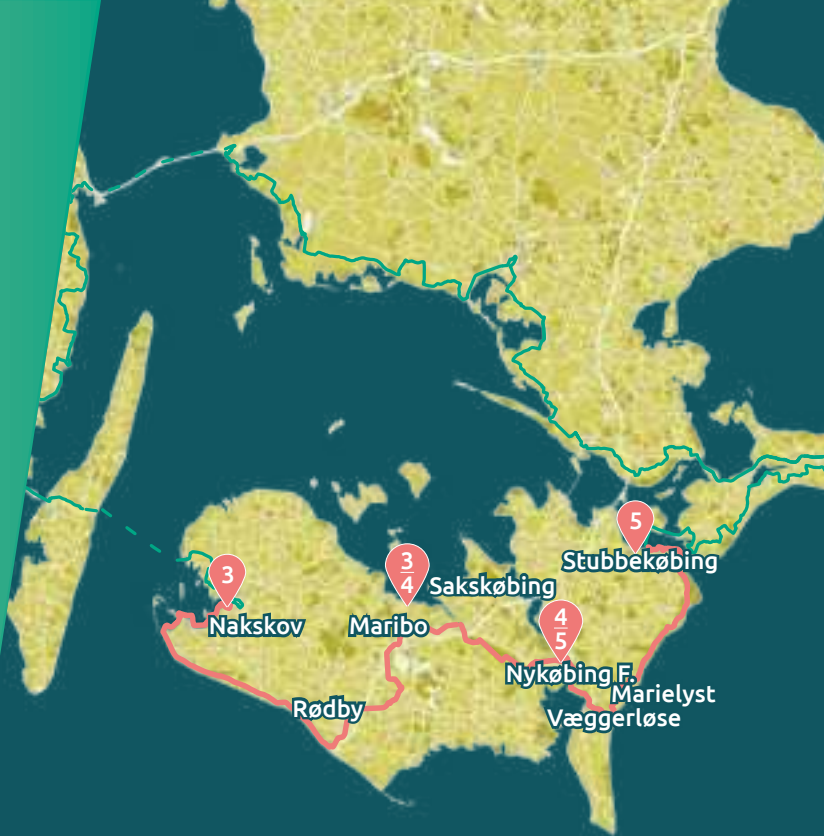


LOLLAND- FALSTER

Stage 3 Nakskov – Maribo 70 km plain terrain

Stage 4 Maribo – Nykøbing F 55 km plain terrain

Stage 5 Nykøbing F – Stubbekøbing 50 km plain terrain





STAGE 3

NAKSKOV – MARIBO



70 km



57 km stable gravel. 13 km asphalt

LOLLAND – NAKSKOV FJORD – SEA VIEW FROM THE LONGEST DIKE IN DENMARK – WHITE-TAILED EAGLES AND MIGRATING BIRDS – THE FEHMARN TUNNEL – SANDY BEACHES – THE TROPICAL WATER PARK OF LALANDIA

The town of Nakskov stems from the Middle Ages and is worth spending a little extra time in. Quaint little streets with delightful old buildings from around the 1600's and interesting museums, boat-trips on the fjord, superb restaurants and plenty of places to stay, make this little town worth a visit. The Baltic Sea Cycle Route continues from Nakskov Fjord on Stage 3. This is an exceptional part of the route as you journey along the Baltic coastline, all the way to Rødby – a mere 30km of peaceful countryside along Denmark's longest dike. The first part gives you a phenomenal

view out over Nakskov Fjord, full of tiny islands. The second part, on the south coast of Lolland, is of the open sea on one side and a stunning and varied landscape on the other.

As you arrive in Rødby, where the new Fehmarn Belt Fixed Link Tunnel will replace the ferry to Puttgarden, you can treat yourself to a spa, sauna and massage in Lalandia, before cycling further north into the country or perhaps a quick dip in the sea from the jetty on the nearby beach, would suffice. The stretch of land between Rødby and Maribo is just as quiet and devoid of traffic as the dike, as you ride along a disused railroad the whole way.

You could also choose to start Stage 3 from Maribo and from here, ride to Rødby and Nakskov and then once more continue along Stage 2 of the Baltic Sea Cycle Route.





HIGHLIGHT STAGE 3

NAKSKOV FJORD

Nakskov Fjord is a nature park with many unique attractions. Pay special attention to the 7km long peninsular named 'The Elbow'. The light between the fjord and the Belt of Langeland is one to behold. The Elbow is proud to have the world's oldest and most well-preserved herring market place, from the Middle Ages. You can wander out on to the tip of the peninsular or choose to experience it by boat. The largest of the fjord's ten islands is Enehøje with an unusually hilly terrain and a varied ecosystem due to the particular flora and rare insects that are found on the somewhat sandy island. The island is also called Peter Freuchens Ø, named after a Greenland explorer who lived on the island from 1926 – 1940 and built an arch, formed from the bones of a whale jaw, on the highest point of the island. If you visit on a mild spring evening, you can't help but notice the evening chorus of the toads and frogs that live in the nature park.

www.uk.naturparknakskov.dk



NAKSKOV

Vesta, The Post Boat

The post boat 'Vesta' transports goods (and post) to the various islanders in Nakskov Fjord and everyone is welcome on board! No journey is ever the same, but one thing you can be certain of is that Vesta will always stop for a break on 'The Elbow'. Don't forget your swimsuit and remember to bring a picnic. You can even take your bike and continue on the Baltic Sea Cycle Route from Langø.

THE SOUTH COAST OF LOLLAND

The Dike of Lolland

The Dike of Lolland was built after the great flood of 1872, which cost eighty-two people their lives. The 63km long dike does not only serve to protect the land behind from the flooding, but is also a unique place to travel by bike, as only bikes and pedestrians are allowed. Remember to bring your binoculars, as it is entirely possible to spot a white-tailed eagle and see huge flocks of migrating birds.



DANNEMARE

Hummingen Beach

Hummingen Beach is one of the many beautiful sandy beaches you can visit along the south coast of Lolland. Leave the bike for a while, feel the sand on your toes and cool off in the refreshing sea. Behind the dike, you will find cosy holiday homes, a shop and a mini-golf course – grab some provisions and relax with a little game of golf before you ride off once more.

Map 11 4

RØDBY HAVN

The Fehmarn Tunnel Information Centre

The tunnel across the Fehmarn belt will be the world's biggest immersed tunnel and once finished, it will be possible to drive from Denmark to Germany in only 10 minutes. By train, it will take a mere 7 minutes. The information centre in Rødby is open Mondays and Wednesdays from 12-4 pm. Here you will find a vast amount of information about this massive project.

www.femern.com/en

Map 12 5



RØDBY Lalandia

Lalandia is for the kids! But, this waterpark is also a welcome break for adult cyclists who need a little rest or a place to wait for the rain clouds to clear. To pass the time, perhaps a quick game of badminton or a visit to the gym so that it is not just the leg muscles that get a good workout. Should you need something a little less active, you can always choose the sauna, a facial or perhaps a massage for those sore legs.

www.lalandia.dk/en

Map 12 6

Postal codes 4900 Nakskov - 4970 Rødby - 4930 Maribo

Tourist Information

Lolland-Falster www.visitlolland-falster.com
Nakskov Tourist Information Axeltovej 3,
4900 Nakskov

Places to Stay, Eat and Explore

See www.visitlolland-falster.com

Long Term Parking

Nakskov Havn
Albuen Parking, Nakskov
Parking at OK, Fruegade, Rødby
Parking at Maribo Station and
Banegårdspladsen 5, Maribo




















Travel to and from

| | |
|---------|--|
| Nakskov | Nakskov Station Buses to/from Tårs including other local and regional buses: www.movia.dk . Local train to/from Nykøbing F www.lokaltog.dk Ferry Spodsbjerg-Tårs: www.langelandslinjen.dk (booking online) +45 70 25 10 25 |
| Rødby | Rødby Ferry Station Train to/from Copenhagen and Hamburg : www.dsb.dk/en Ferry to/from Puttgarden: www.scandlines.com Intercity Bus: www.global.flixbus.com |
| Maribo | Maribo Station Local railway to/from Nykøbing F and Nakskov www.lokaltog.dk |
| Lolland | Local and regional buses: movia.dk |







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|  CAMPING |  HOTEL |  TOURIST-INFO |
|  BASIC CAMPSITE |  YOUTH HOSTEL |  PARKING |
|  SHELTER |  EATERIES |  SHOPPING |
|  CAMPFIRE |  TOILET |  ATTRACTIONS |
|  VIEW |  BIKE SERVICE |  BIKE RENTAL |
|  TRAIN STATION |  THE ROUTE | |





Vester Tirsted

Norregård

Nybolegård

Frønde

HOLEBY

12

RØDBY

Højbygård

Torslunde

Bredfjød

Lidso

275

E47

Tågerup

Erndlev

RØDBYHAVN

Hyldtofte

Lindholt

Lalanda

50

Dattel

Bjersø



5

Stanholt

47



- CAMPING
- BASIC CAMPSITE
- SHELTER
- CAMPFIRE
- VIEW
- TRAIN STATION
- HOTEL
- YOUTH HOSTEL
- EATERIES
- TOILET
- BIKE SERVICE
- TOURIST-INFO
- PARKING
- SHOPPING
- 1-6 ATTRACTIONS
- BIKE RENTAL
- THE ROUTE





STAGE 4

MARIBO – NYKØBING F



**LOLLAND-FALSTER - KNUTHENBORG SAFARI PARK –
CATHERDRAL CITY OF MARIBO – POET PRIEST KAJ MUNK –
CHAT WITH THE LOCALS – OPEN AIR MUSEUM – BIRDLIFE ON
SØNDERSØ – SUGAR BEET GIRLS AND SUGAR BEET FIELDS
– QUALITY BEER – TRADITIONAL HOME COOKED FOOD –
SAXKJØBING HOTEL**

Maribo is a market town from around the 1400s with a wonderful atmosphere. On the Baltic Sea Cycle Route Stage 4, the first stop ought to be the magnificent cathedral. Just north of the cathedral, you will find the beautifully preserved streets from the Middle Ages. At the market place, there is a statue of the town's most famous son, the poet and priest Kaj Munk. If you feel like spending an extra day in Maribo, you should cycle the 35 kilometres around Søndersø, where the natural environment is exceptional. On the



35 km



Asphalt

north side of the lake is Engestofte Manor. Here you can stroll through the forest, searching for rare orchids.

On the way to Nykøbing Falster, it is worth having a rest in Saksøbing. In the summer, volunteers at the info-house in the town square love to tell stories of the area. The monument of 'Roepigerne' or 'the Sugar Beet Girls' is also in the town square, in celebration of the Polish seasonal workers that worked in the turnip fields of Lolland from 1893-1929. Lolland-Falster is well known for the production of high-quality foods, and you will find a large selection of these available in Hotel Sækkjøbing's Farm shop.

You can also start Stage 4 in Nykøbing Falster and end it in Maribo, then continue onwards on Stage 3.





HIGHLIGHT STAGE 4

KNUTHENBORG SAFARI PARK

Lolland-Falster is the home to over 50 estates and manor houses. One of the most famous is the estate of Knuthenborg, just north of Maribo. It houses northern Europe's largest safari park with over 1000 animals from all over the world. These roam free in the beautiful countryside.

You can get up close and personal with Lamas, tigers, stags, kangaroos, giraffes and many other exotic animals. The animals are so calm that the Safari Park even hosts a public running event in late summer. Knuthenborg is open from April until October. There is so much to see! You may want to consider staying the night in one of their luxurious stilted tents.




MARIBO

Maribosøerne Nature Reserve

Maribosøerne (The Maribo Lakes) Nature Reserve is a large protected, natural wildlife area with a varied landscape, flora and fauna. There is a lake, a forest, a meadow as well as farmland.

You can take a trip on the boat 'Anemone' and enjoy the prosperous birdlife.

Don't forget your binoculars!

Map 14B 


www.uk.naturparkmaribo.dk

MARIBO

Maribo Cathedral

You can look forward to entering the magnificent Maribo Cathedral built around 1400 as part of the Maribo monastery. The monastery is today in ruins, but at the time it was one of the largest landowners of the Middle Ages, with 400 manor houses and farms under its domain. Don't be surprised if the church bells suddenly start to ring – they chime six times a day, just as they did in the Middle Ages.

www.maribodomkirke.dk

Map 14B 



MARIBO

The Open Air Museum

The Open Air Museum is one of the most uniquely interesting experiences on Søndersø, for those interested in history. It is a living museum where you can experience life in a rural community in the 1800s. You can see the blacksmith hard at work and wave hello to the farmer in the old timber-framed house.

www.aabne-samlinger.dk/frilandsmuseet/
frilandsmuseet-en/

Map 14B 4

SAKSKØBING

Krenkerup Brewery

If you need a little rest and relaxation, then the cosy eatery at the Krenkerup Brewery is more than perfect for taking a break. The Krenkerup Estate has been handed down through generations, over the last 650 years. The 18th and latest generation have chosen to extend the land and forestry production with a brewery. Here you can quench your thirst while having a chat with the master brewer and maybe even get some inside information on how to brew quality beer.

www.krenkerupbryggeri.dk/en/

Map 14B 5



SAKSKØBING

Saksøbing Town

Saksøbing is a modern market town full of historical buildings. Seek out Wichmans Farm from the 1770s, the old town hall from 1888 and the Saksøbing Hotel from the 1880s. The hotel is especially worth visiting if you want to become better acquainted with the delicacies of the region, such as traditional home-cooked food from Lolland or a fillet of Flounder from Langø.

Postal codes 4930 Maribo – 4990 Saksøbing –
4800 Nykøbing F

Tourist Information

Lolland-Falster www.visitlolland-falster.com
Nakskov Tourist Information, Axeltorv 3,
4900 Nakskov

Places to Stay, Eat and Explore

See www.visitlolland-falster.com

Long Term Parking

Parking at Maribo St and Banegårdsplads 5
Markedsgade 23, Nykøbing F
Nykøbing F Hallen, Nørre Boulevard, Nykøbing F
Nykøbing F Havn
P-plads, Marielyst



Travel to and from

Maribo Station Maribo Station local railway to/from Nykøbing F and Nakskov: www.lokaltog.dk
Intercity Bus: www.global.flixbus.com


Nykøbing F station Train to/from Copenhagen and Hamburg: www.dsb.dk/en
Local train to/from Maribo and Nakskov: www.lokaltog.dk
Buses on Lolland and Falster: movia.dk
Intercity Bus: www.global.flixbus.com
From Nykøbing F bus to/from Gedser with a possible ferry to/from Rostock www.scandlines.com


Lolland-Falster Local and regional buses : www.movia.dk




14
B





 **CAMPING**

 **HOTEL**

 **TOURIST-INFO**


 **BASIC CAMPSITE**

 **YOUTH HOSTEL**

 **PARKING**


 **SHELTER**

 **EATERIES**


 **SHOPPING**

 **CAMPFIRE**

 **TOILET**

 **1-6
ATTRICTIONS**

 **VIEW**

 **BIKE SERVICE**

 **BIKE RENTAL**

 **TRAIN STATION**

 **THE ROUTE**



NYKØBING 15

SUNDBY

Grænge

Torøby

Øster Torøby

Eltlinge

Nagelstr

Hasselø Plantage

Hasselø By

HASSELØ

BREDNINGEN

14B

15

297

57



STAGE 5

NYKØBING F – STUBBEKØBING



FALSTER – THE FISHING VILLAGE OF HESNÆS – CORSELITZE FOREST – NATURAL BEAUTY OF GULDBORGSUND - MIDDLE AGES CENTRE – GOOD CITIZENS - JOUSTING - BEST BEACH EVER NEAR MARIELYST – GOCART AND PAINTBALL – VETERAN MOTORBIKES – STUBBEKØBINGS FARM SHOP – MADAM BLUE – THE FERRY IDA

Nykøbing Falster sits high above the Guldborg Sound. It has a classic market town architecture coupled beautifully with modern city life. When starting in Nykøbing Falster, there are a myriad of reasons why you should set aside the bike for a while before moving on to Stage 5 of the route. Stay awhile, see what's on offer, such as the Middle Ages Centre, a living, breathing museum or take in some of the most beautiful countryside of the region.



50 km



Between Stubbekøbing and Bogø



39 km asphalt. 11 km gravel

Pack your swimsuit and towels, have them readily available and make your way from Nykøbing Falster to Marielyst Beach - enjoy your dip! Ride further north and take in the beautiful countryside along the east coast, on Falster. Your ride takes you through the forests by Corselitze Manor and close to the Baltic coast.

If you need a break from your pedal bike, visit northern Europe's largest Veteran Motorcycle Museum in Stubbekøbing. If you need refreshments, the old market town has plenty to offer.

It is possible to start Stage 5 from the other direction by starting in Stubbekøbing and continuing via Marielyst to Nykøbing Falster.





HIGHLIGHT STAGE 5

HESNÆS HARBOUR

The only harbour on Falster is a sight to behold. The fishing village of Hesnæs is nestled in an incredibly beautiful spot, right out to the Baltic sea. The houses are small, thatched cottages not found anywhere else in Denmark. Should you be lucky enough to buy fish from a local fisherman, you can prepare it on the harbour's 35-metre long table. There is space for everyone to eat and grill food. Stave off your hunger by visiting Pomle Nakke Eatery at the edge of the forest with views over the sea. Hesnæs also has some lovely beaches so be sure to park your bike for a little while and take a stroll through the Corselitze Forest.



MARIELYST

Marielyst Beach

Just because you're an adult, doesn't mean you can't have fun too! At Marielyst beach you won't be able to help yourself. Marielyst is one of Denmark's best pleasure beaches and also home to a great golf course and a challenging Go-kart & Paintball Centre. After all that activity, make good use of the great many places to eat.



NYKØBING F

Middle Ages Centre

A detour of just 5km from the Baltic Sea Cycle Route can take you back 600 years in time. At the Middle Ages Centre 'Sundkøbing Anno 1409' you can meet the town's citizens: the grocer, the workmen and soldiers. You might even get the chance to watch some jousting. This living open air museum is definitely worth the few extra kilometres.



GULDBORGSUND

Nature Reserve at Guldborgsund

The Nature Reserve at Guldborgsund stretches along the sound, between Lolland and Falster. Stop for lunch and enjoy the peace and quiet of the beautiful bird sanctuary or challenge yourself on the water. The narrow sound is perfect for those who love to kayak or canoe. North of Falster is ideal for both wind and kite surfing.

www.visitlolland-falster.com

Map 16 4

STUBBEKØBING

Stubbekøbing Town

Stubbekøbing is a lovely old town, so park up and take a walk! In the market place, just before you turn towards the harbour, sits the old post office and the vicarage from the middle of the 1800s. You can also take a look around the grocery store, a protected building from 1849 which is now the Stubbekøbing Museum. Here, you will find the most extensive collection of weights in Scandinavia.

www.visitlolland-falster.com

Map 18 5



STUBBEKØBING

The Ferry 'Ida'

If you are journeying during the summer months or autumn half term, you must take a trip on the ferry 'Ida'. An experience not to be missed! Ida is one of the country's oldest wooden ferries, and she will happily ferry you and your bike to Bogø. The ferry crossing is the perfect prelude on the road to new adventures and experiences on Møn.

www.vordingborg.dk/ida

Map 18 6

Postal codes

4800 Nykøbing F – 4873 Væggerløse –
4850 Stubbekøbing

Tourist Information

Lolland-Falster www.visitlolland-falster.com
Nykøbing Falster Tourist Information,
Færgestræde 1A, 4800 Nykøbing F
Marielyst Tourist Information,
Marielyst Strandvej 54, 4873 Guldborgsund

Places to Stay, Eat and Explore

Se www.visitlolland-falster.com

Long Term Parking

Sønder Kohaveskoven, Nykøbing F
Markedsgade 23, Nykøbing F
Nykøbing F Hallen, Nørre Boulevard, Nykøbing F
Nykøbing F Havn
P-plads, Marielyst



Travel to and from

Nykøbing F
station

Train to/from Copenhagen and Hamburg:
www.dsb.dk/en

Local rail to/from Maribo and Nakskov:
www.lokaltog.dk

Buses on Lolland and Falster: www.movia.dk

Intercity Bus: www.global.flixbus.com

From Nykøbing F bus to/from Gedser with
possible ferry options to Rostock
www.scandlines.com

Stubbekøbing

The ferry 'Ida' connects Stubbekøbing with
Bogø. Sails 1st May to 30th September and in
the Danish Autumn School Holidays - Week 42
- vordingborg.dk/ida + 45 30 53 24 28
Cykle route and train/bus connection to
Copenhagen via The Storstrøms Bridge
(Storstrømsbroen).





16

17

2

ster Toreby

Nagelsti

Hasselø Plantage

Hasselø By

HASSELØ

BREDNINGEN

Sønder Vedby
Skovhuse

IDESTRUP

VÆGGERLØSE

MARIELYST



64

SKOV

-  **CAMPING**  **HOTEL**
-  **BASIC CAMPSITE**  **YOUTH HOSTEL**
-  **SHELTER**  **EATERIES**
-  **CAMPFIRE**  **TOILET**
-  **VIEW**  **BIKE SERVICE**
-  **TOURIST-INFO**  **BIKE RENTAL**
-  **PARKING**  **TRAIN STATION**
-  **SHOPPING**  **FERRY**
-  **1-6 ATTRACTIVE SITES**  **THE ROUTE**





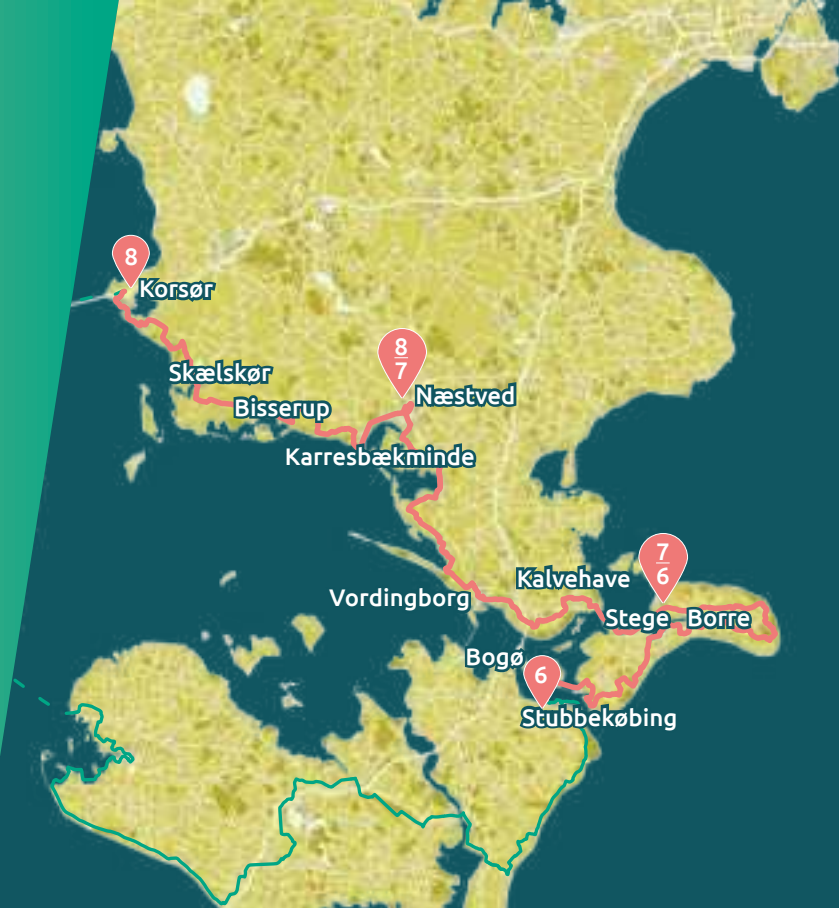
- | | | | | | |
|--|-----------------------|--|---------------------|--|-------------------------|
| | CAMPING | | HOTEL | | TOURIST-INFO |
| | BASIC CAMPSITE | | YOUTH HOSTEL | | PARKING |
| | SHELTER | | EATERIES | | SHOPPING |
| | CAMPFIRE | | TOILET | | 1-6 ATTRACTI-ONS |
| | VIEW | | BIKE SERVICE | | BIKE RENTAL |
| | TRAIN STATION | | THE ROUTE | | |





MØN AND SJÆLLAND

| | | | |
|---------|----------------------|-------|-----------------|
| Stage 6 | Stubbekøbing – Stege | 75 km | rolling terrain |
| Stage 7 | Stege – Næstved | 75 km | plain terrain |
| Stage 8 | Næstved – Korsør | 70 km | plain terrain |





STAGE 6

STUBBEKØBING – STEGE



CLIFFS OF MØN – 497 STEPS FROM THE FOREST CLIFF TO THE BEACH – WHITE CHALK – TURQUOISE GREEN AND AZURE BLUE WATERS – FOSSIL HUNTING – GUIDED MOUNTAIN BIKE TOURS – DARK SKY – MILLIONS OF STARS – GALLERY 44 – DAIRY FARM SHOP AND ICE CREAM – MARKET TOWN LIFE

Start Stage 6, with a magical boat ride on the heritage ferry 'Ida' that connects Stubbekøbing with Bogø. This historical ferry is one of the oldest, surviving wooden ferries. Ida was given the title 'A Historical Monument' in 2019. On Bogø and Møn there awaits a wealth of galleries, farm shops, local food producers and much, much more – it is definitely worth a stop.

On the ride around Møn, you will experience a unique part of the country and the reason that Møn became Denmark's first UNESCO



75 km



The ferry 'Ida' sails between Stubbekøbing and Bogø from 1st May to 30th September and in week 42 (Danish Autumn School Holidays).



71 km asphalt, 3 km gravel

biodiversity region. Once it gets dark, look up to experience the DARK SKY phenomenon, namely a jet-black night sky with millions of stars winking at you.

Stage 6 goes via the Cliffs of Møn, one of Denmark's most magnificent, natural occurrences. It is also the Baltic Sea Cycle Route's steepest gradient, but it is worth it! When you stand at the top and see the 128-meter high chalk cliffs that rise out of the turquoise green waters, you won't regret it one bit.

You finish Stage 6 in Stege, one of Denmark's oldest market towns, overflowing with boutiques and beautiful places to eat. During the summer, it comes alive with activities and events.

You can start Stage 6 in Stege, riding in the opposite direction via the Cliffs of Møn to Bogø and Stubbekøbing on Falster.





HIGHLIGHT STAGE 6

THE CLIFFS OF MØN

The Cliffs of Møn are one of the most beautiful, natural phenomena, created over 70 million years ago. Experience the awe-inspiring 128-meter high chalk white cliffs that rise out of the turquoise-green waters along the 7km long coastline. Jump off the bike and walk down the 497 steps from the top of the cliff to the beach. Enjoy the view of the surrounding forest from the various vista points along the way through Klinteskoven. Once you reach the beach, do a bit of fossil hunting, finding 70 million-year-old fossils, belemnites and amber.

The Cliffs of Møn need to be experienced both from the top and the bottom. From above you have a formidable view of the Baltic Sea and the azure blue waters, against the backdrop of the white cliffs. From below, the magnificent, steeply rising cliff is simply overwhelming. At the very top of the cliffs, is the new GeoCenter Møns Klint – a brilliant place to visit and experience the history of how Denmark was created, with activities for both big and small.

www.moensklint.dk/uk

Map 21 **1** 71



ASKEBY

Kunsthall 44 Møen

Experience international contemporary art at the Kunsthall 44 Møen. The gallery opened in 2008. The building was originally a mechanic's garage, which has since been renovated and rebuilt. Today it is a super modern gallery with high quality, international exhibitions.

www.44moen.dk

Map 19 2

MØN

Dark Sky

The North's first 'Dark Sky Park and Community' is on Møn and Nyord. The minimal light pollution means that the sky is extraordinarily dark, giving you clear-sight and a magical sky full of stars. The Dark Sky is a year-round experience, but in late summer, it is most impressive. You can see the Milky Way clearly, and in mid-August, it is time to count the shooting stars. In autumn you can see the Andromeda Galaxy. You can either take a guided tour or view these phenomena close up, from the Damsholte Observatory nearby.

www.southcoastofdenmark.com/darksky

Map 21 3



STEGE

Møn Is

'Møn Is' is a dairy farm shop near Råbylille that makes deliciously creamy ice creams and sorbets. The dairy farmer is a veritable magician, making fun, fresh and natural ice creams. The milk comes from the farm's own cows. There are many different varieties of ice cream, all seasonally dependent, as well as classics such as vanilla, chocolate and nougat. Enjoy your ice cream whilst exploring the farm and greeting the cows and calves you meet on your way.

www.moen-is.dk

Map 21 4

MØNS KLINT

GeoCenter Møn's Klint

On top of the Cliffs lies the GeoCenter Møn's Klint, an activities centre that tells the story of how Denmark was formed – right where it all happened, millions of years ago. The GeoCentre has activities and events for both children and adults. There is an interactive exhibition, a 3D cinema, a climbing range in the trees, fossil hunting on the beach, and guided mountain bike tours through the forest, with views across the beautiful cretaceous sea and stories of the Peregrine Falcons.

www.moensklint.dk/uk

Map 21 5



STEGE

Stege Town

Stege is one of the oldest of Denmark's market towns, a true town of the Middle Ages. It is easily identified by the embankment that still encircles the town, the church, the gateway to the mill and all the old rambling streets. Today, Stege is a modern town with lots of different shops and plenty of places to eat. From May to November you will find a whole host of activities and events, arranged by various organisations and businesses in Stege and on Møn. Tuesday is Market Day during the summer months.

www.southcoastofdenmark.com/stege

Map 22 6

Postal codes 4850 Stubbekøbing – 4793 Bogø By – 4791 Borre – 4780 Stege

Tourist Information

| | |
|-------|--|
| Borre | www.southcoastofdenmark.com GeoCenter Møns Klint, Stengårdsvej 8, 4791 Borre |
| Stege | House of Møn, Storegade 2, 4780 Stege |

Places to Stay, Eat and Explore

| | |
|----|--|
| Se | www.southcoastofdenmark.com |
|----|--|

Long Term Parking

Klintholm Harbour
Rosengårdshaven, Stege
Near the beach, Stege



Travel to and from

Stege

Stege Rutebilstation

Bus to/from Vordingborg, Klintholm Havn and Bogø: www.movia.dk

Bogø
















Bus to/from Stege, Vordingborg and Nykøbing F: www.movia.dk

The Ferry 'Ida' connects Stubbekøbing with Bogø. Sails 1st May – 30th September and in the Danish Autumn School Holidays - Week 42 - www.vordingborg.dk/ida







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|  CAMPING |  HOTEL |  TOURIST-INFO |
|  BASIC CAMPSITE |  YOUTH HOSTEL |  PARKING |
|  SHELTER |  EATERIES |  SHOPPING |
|  CAMPFIRE |  TOILET |  1-6 ATTRACTIONS |
|  VIEW |  BIKE SERVICE |  BIKE RENTAL |
|  TRAIN STATION |  THE ROUTE | |





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| | CAMPING | | HOTEL |
| | BASIC CAMPSITE | | YOUTH HOSTEL |
| | SHELTER | | EATERIES |
| | CAMPFIRE | | TOILET |
| | VIEW | | BIKE SERVICE |
| | TOURIST-INFO | | BIKE RENTAL |
| | PARKING | | TRAIN STATION |
| | SHOPPING | | FERRY |
| | 1-6 ATTRICTIONS | | THE ROUTE |

STAGE 7

STEGE – NÆSTVED



**SJÆLLAND'S SOUTH COAST BY STORSTRØM – GAVNØ
ROCOCO CASTLE – TULIPS AND LILLIES – COLLECTORS AND
ENTHUSIASTS – THE MAZE PARK – THE DANISH CASTLE
CENTRE – THE GOOSE TOWER IN VORDINGBORG – STREET
ART IN NÆSTVED – BOATING ON SUSÅEN**

You pick up the Baltic Sea Cycle Route Stage 7, starting in Stege. This cosy market town is full of events throughout the summer. From Stege towards Vordingborg, you might stop at Thorsvang Collectors Museum. Here you can experience life in the old days or perhaps take a trip to the Labyrinth Park at Kalvehave. Have a go at some of the brain teasers and puzzle activities. As you leave Møn, you cycle across Queen Alexandrines Bridge, named after Christian X's wife. Alternatively, during high season you could take the Møn Ferry, the sailing cycle route, from Stege to Kalvehave.



75 km



From Møn to Kalvehave/Sjælland
or take the bikeboat from Stege to Kalvehave



70 km Asphalt, 5 km grain

Stop in Vordingborg and visit Denmark's Castle Centre. Here you will learn all about the history of castles, kings and power, in Denmark. As the road continues towards Næstved, the Baltic Sea Cycle Route will carry you along the coast, through incredible countryside and nature reserves. Before you reach Næstved, make sure you stop at Gavnø Castle. Gavnø is one of Denmark's most admirable rococo castles, offering magical adventures for all.

Stage 7 finishes in Næstved. Direct your gaze upwards as you walk around, or you might miss the incredible street art that is a part of the Næstved Art Town project. International artists visited Næstved, a town they would never usually have come to, to beautify the town's forgotten and hidden gables.

Stage 7 can also be started in Næstved. From here ride to Stege and continue onto Stage 6 over to Falster and Lolland.





HIGHLIGHT STAGE 7

GAVNØ CASTLE

Gavnø Castle is a beautiful rococo castle and an important part of Danish heritage. Gavnø is overflowing with history and full of stories of war, romance and knights in shining armour. It houses the North's largest private collection of around 1000 paintings. The collection is a representation of art in Europe throughout the 17th, 18th and 19th Centuries. The Baroness has impressively restored five rooms in the Gallery Hall, and Castle Abbey that stems from the start of the 1400s is known for being the most colourful church in Scandinavia. You can experience many different things in the castle grounds, such as the treetop adventures and playing on the natural playgrounds, Pirate Land, Butterfly Land and Mountain Goats. Visit the castle brewery and the tulip café. If you arrive in spring, Denmark's largest Tulip Festival will greet you in full bloom. In July and August, it is the turn of the Lilly Festival.

www.gavnoe.dk/en/

Map 26 **1** 81



STEGE

Thorsvang Collectors Museum

Experience the glorious days of yesteryear in Thorsvang. Go for a walk and explore the old shops and workshops bulging with oddities from the days when grandpa was a boy.

Discover fairground chair-o-planes from a bygone era or burrow into an air-raid shelter from the war. Volunteers and enthusiasts take care of and manage the collections at Thorsvang Collectors Museum.

Map 23 2

www.thorsvangsamlermuseum.dk



KALVEHAVE

Kalvehave Maze Park

Kalvehave Maze Park is full of mazes, big games and brainteasers that will test your sense of direction, your logical thinking and doubtlessly also your sense of humour. Mazes have no age limit - everyone can join in. If you come as a group, you can either compete against each other or do some problem-solving as a team – you choose the pace! Have a rest on the terrace with something delicious from the café or bring your own packed lunch.

www.kalvehave-labyrintpark.dk

Map 23 3



VORDINGBORG

Denmark's Castle Centre

Denmark's Castle Centre is a modern research and activities centre specialising in the history of the kings, castles and power of the Middle Ages. Vordingborg castle is now a ruin. The only surviving, well-preserved part is the 650-year-old tower called the Goose Tower, so called because of the golden goose placed on top of the tower by King Valdemar Atterdag. Go on an adventure with an iPad-guided tour among the old ruins to see what the castle looked like in the 14th Century.

www.danmarksborgcenter.dk/en

Map 24 4

NÆSTVED

Næstved City and Næstved Kunstby

Næstved City offers a wealth of shopping opportunities. There are market days and activities for all. The street art, part of the Næstved Art Town project, is worth seeking out. Artists from all over the world have beautified the town with colourful gable paintings. Should you wish to take a rest from bike riding, set sail in a canoe on Susåen, Sjælland's longest river, which runs right through Næstved. During the summer, you can sail from the harbour to Karrebæksminde via Gavnø, with the boat 'Friheden'.

www.naestvedkunstby.com

Map 27 5



NÆSTVED

Næstved Automobile Museum

Næstved Automobile Museum is a private collection brim-full of nostalgia and wonderful stories. There are 160 old cars, 60 motorbikes and scooters, farm vehicles, planes, workshops, and little shops from the '50s, all in the 3400m² big exhibition.

Postal codes 4780 Stege – 4760 Vordingborg –
4700 Næstved

Tourist Information

| | |
|-------------|--|
| Kalvehave | www.southcoastofdenmark.com Brobike, Ny Vordingborgvej 49, 4771 Kalvehave |
| Vordingborg | Denmark's Castle Centre, Slotsruinen 1, 4760 Vordingborg |
| Næstved | Tourist Information, Banegårdspladsen 8, 4700 Næstved |

Places to Stay, Eat and Explore

See www.southcoastofdenmark.com



Long Term Parking

- By the beach, Stege
- Rosengårdshaven, Stege
- Vordingborg St, Marienbergsvej 3A, Vordingborg
- Kuskevej 1, Vordingborg
- Grønvej, Næstved
- Rampen, Næstved
- Rådmandshaven, Næstved

Travel to and from

- Stege Stege Rutebilstation
 - Bus to/from Vordingborg: www.movia.dk
-

Stege and
Kalvehave

Sailing cycle route from Stege to Kalvehave in high season - a traffic safety alternative to the main route. The journey takes 50 minutes and cuts 11km off your cycle ride: www.faergenmoen.dk

Vordingborg
Station

Train to/from Copenhagen and Nykøbing F: www.dsb.dk/en
Intercity Bus : www.global.flixbus.com
Local and regional bus routes: www.movia.dk

Næstved
Station

Train to/from Copenhagen and Nykøbing F: www.dsb.dk/en
Intercity Bus: www.global.flixbus.com
Local and regional bus routes: www.movia.dk



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-  CAMPING
-  BASIC CAMPSITE
-  SHELTER
-  CAMPFIRE
-  VIEW
-  TOURIST-INFO
-  PARKING
-  SHOPPING
-  ATTRACTIONS 1-6
-  HOTEL
-  YOUTH HOSTEL
-  EATERIES
-  TOILET
-  BIKE SERVICE
-  BIKE RENTAL
-  TRAIN STATION
-  FERRY
-  THE ROUTE





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| | CAMPING | | HOTEL |
| | BASIC CAMPSITE | | YOUTH HOSTEL |
| | SHELTER | | EATERIES |
| | CAMPFIRE | | TOILET |
| | VIEW | | BIKE SERVICE |
| | TOURIST-INFO | | BIKE RENTAL |
| | PARKING | | TRAIN STATION |
| | SHOPPING | | FERRY |
| | 1-6 ATTRACTI-ONS | | THE ROUTE |





KARREBÆK FJORD

1

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Appenæs

GAVNØ

Fladstrand

Søerlyst

Rettestrup
Planlage

22

MOGENSTRUP

265

Blangsløv

Lov

KRAGEHOLM STRØM

Veja Skov

Nylandsmejeri

Jarskov

Vestl. Ejbygaard

Hestevåd

Ranrøn

DYBSØ FJORD

Ring

Hammer

Dybsø

Vigdeterræn

25

Køng

Lundby

89



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-  CAMPING
-  BASIC CAMPSITE
-  SHELTER
-  CAMPFIRE
-  VIEW
-  TOURIST-INFO
-  PARKING
-  SHOPPING
-  1-6 ATTRACTI-ONS
-  HOTEL
-  YOUTH HOSTEL
-  EATERIES
-  TOILET
-  BIKE SERVICE
-  BIKE RENTAL
-  TRAIN STATION
-  FERRY
-  THE ROUTE





STAGE 8

NÆSTVED – KORSØR



70 km



68 km asphalt, 2 km gravel

SMÅLANDSFARVANDET AND STOREBÆLT - HOLSTEINBORG CASTLE – H. C. ANDERSEN’S OASIS – HEARTS FULL OF SUNSHINE – BORREBY MANOR – KORSØR FORTRESS – FISHING AND SWIMMING IN KARREBÆKSMINDE – FJORD TRIPS IN SKÆLSKØR – DIVING IN HALSSKOV HARBOUR – ORGANIC VINYARDS

The first stop on the Baltic Sea Cycle Route Stage 8 in Næstved is Karrebæksminde. This little fishing town that lies on Smålandsfarvandet - the Small-Land Channel - has a lovely atmosphere with an active harbour and beach community. Take a detour to Enø! Continue your journey from Karrebæksminde going west along the coast through luxuriant landscapes and farmlands. Stop for a minute to jump in the deep blue sea at one of the stunning beaches along the way, such as Bjørnebæk or maybe Bisserup.

At both of these, you will also find a lovely harbour community. As you carry on along the route to Skælskør, you'll pass Holsteinborg Castle and Borreby Manor and feel the wings of time gentle caress you as you pass by. Travelling along, you become part of the stunning countryside, see beautiful farmhouses and notice a very active farming industry.

Stay in the atmospheric harbour of Skælskør before moving on to Korsør and the Storebælt Bridge. Korsør is all about the quaint little fishing huts in an array of colours. Steeped in maritime history, it still bears the mark of greatness as a former fortress, where even today the canons still point protectively towards Storebælt.

You can also take Stage 8 in the opposite direction from Korsør to Skælskør and then on to Næstved, then continue onto Stage 7.





HIGHLIGHT STAGE 8

HOLSTEINBORG CASTLE

Holsteinborg castle is approximately 25km from Næstved and 13 kilometres from Skælskør. The Trolle Family built the castle between 1598 and 1651. It has, since 1707, been in the Holstein Family - 12 generations. The main building is an impressive 4-winged installation on two levels, surrounded by a moat. A large, beautiful park with a superb view across Smålandsfarvandet, Storebælt and the idyllic small islands of Glænø and Ormø, surrounds the castle. The world-renowned Danish author, Hans Christian Andersen, who wrote 'The Ugly Duckling' and 'The Little Mermaid', among other well-known works, spent much time at Holsteinborg. He visited the castle primarily in May 1856 and subsequently visited every year until his death in 1875. The castle was his home from home. He wrote, on a photograph from 1870, 'It was at Holsteinborg castle that I first noticed the sun because it was here that sunshine was placed in my heart'. The park is open to the public, and there are guided tours of the house on Wednesdays and Sundays.

www.holsteinborg.dk

Map 29

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KARREBÆKSMINDE

Karrebæksminde

Karrebæksminde and Enø are both sought-after places for bathing, with a beautiful, long, white sandy beach. Karrebæksminde is an idyllic fishing village - freshly caught fish, crabbing with the children and beautiful views towards Enø, the Grasshopper Bridge and the water. You can sail with the boat M/S Friheden between Næstved and Karrebæksminde via Gavnø. It is truly a sight to behold when you see Gavnø Castle from the water. Bikes can be taken on board by arrangement.

www.southcoastofdenmark.com/karrebæksminde Map 28 2

KARREBÆKSMINDE

Vesterhavegaarden Vineyard

Karrebæksminde also has its own vineyard. Here, you can learn how the Danes produce quality wine. At the farm shop there is a large selection of the farm's organic produce to be purchased. The vineyard has been a commercial wine seller since 2015 and has, in record time, won the best prizes in Denmark for their wines: 'Denmark's Best Winegrower' and 'Denmark's Best Vineyard'. The vineyard has also won an international silver medal for their red wine, and in 2019 they won a gold medal for their rosé.

www.vesterhavegaarden.dk

Map 28 3



Credit: Arstiderne Arkitekter/Sweco

SKÆLSKØR

Skjelskør V

Skælskør is one of those cosy old towns with beautiful timber-framed houses in a plethora of colours. The wonderfully charming tour boat Skælskør V sails leisurely around the inner fjord so you can relax and watch the wildlife. The round trip takes an hour and a half so that you can enjoy seeing the old market town from the waterfront and listening to the crew tell stories of old.

www.skjelskoer5.dk

Map 30 4

KORSØR

Halskov Water Sports Centre

Halskov Ferry Harbour ripples with stories from the time there was a ferry connection between Sjælland and Fyn. But, since the Storebælt Bridge was completed in 1998 and the ferries stopped sailing, the focus for the harbour has changed. It now provides a contemporary, world-class water sports centre in the harbour. There is a beach, a diving tower, a climbing wall, volleyball courts and much more. It's a great place to stop whilst still keeping the body active.

www.destinationsjaelland.dk

Map 31 5



KORSØR

Kongegaarden

Kongegaarden is a regional centre for art and music. The house spans three levels. The top-level is a beautiful concert hall with incredible acoustics. As well as the art and the music, it is worth visiting the house itself, both for the architecture and the history associated with it. Kongegaarden dates back to 1761 and was built by Rasmus Langeland. It was initially named 'The Grand Inn'. The Inn was a resting place for the royals and their nobles before crossing Storebælt. The name 'The King's Inn' came much later.

www.kongegaarden.dk

Map 31 6

Postal codes

4700 Næstved – 4736 Karrebæksminde
– 4230 Skælskør – 4220 Korsør

Tourist Inspiration

www.southcoastofdenmark.com
destinationsjaelland.dk

Næstved
Karrebæks-
minde

Næstved Museum, Ringstedgade 4, 4700 Næstved
Tourist Information Karrebæksminde, Alléen 33, 4736
Karrebæksminde
Smålandshavet Feriecenter, Alléen 44, 4736
Karrebæksminde

Skælskør
Korsør

Skælskør Bykontor, Algade 11, 4230 Skælskør
Storebælt Camping, Storebæltvej 85, 4220 Korsør
Lystskov Camping, Korsør Lystskov 2, 4220 Korsør



Places to Stay, Eat and Explore

See www.southcoastofdenmark.com
destinationsjaelland.dk

Long Term Parking

Grønvej, Næstved
Rampen, Næstved
Rådmandshaven, Næstved
Vestergade 4, Skælskør
Korsør Station, Storebæltsvej 2, Korsør
Revej 12, Halsskov

Travel to and from

Næstved Station Train to/from Copenhagen and Nykøbing F:
www.dsb.dk/en
Local and regional buses : www.movia.dk
Intercity Bus: www.global.flixbus.com

Korsør Station Train towards Copenhagen, Fyn and Jutland:
www.dsb.dk/en
Bus towards Skælskør and Slagelse as well as smaller local routes: www.movia.dk

Storebælt Bikes on the train over Storebælt, more information on page 5.

For more information see also bikes with train
<https://www.dsb.dk/en/travelers/bicycles/> or call DSB Customer service on + 45 70 13 14 15.



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|  CAMPING |  HOTEL |  TOURIST-INFO |
|  BASIC CAMPSITE |  YOUTH HOSTEL |  PARKING |
|  SHELTER |  EATERIES |  SHOPPING |
|  CAMPFIRE |  TOILET |  1-6 ATTRACTI-ONS |
|  VIEW |  BIKE SERVICE |  BIKE RENTAL |
|  TRAIN STATION |  THE ROUTE | |



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| | CAMPING | | HOTEL |
| | BASIC CAMPSITE | | YOUTH HOSTEL |
| | SHELTER | | EATERIES |
| | CAMPFIRE | | TOILET |
| | VIEW | | BIKE SERVICE |
| | TOURIST-INFO | | BIKE RENTAL |
| | PARKING | | TRAIN STATION |
| | SHOPPING | | FERRY |
| | ATTRACTI-ONS | | THE ROUTE |

100





FYN

Stage 9 Korsør – Svendborg 50 km rolling terrain

Stage 10 Svendborg – Assens 70 km rolling terrain





STAGE 9

KORSØR – SVENDBORG



50 km



By train via tunnel and bridge



48 km asphalt, 2 km gravel

**FYN'S EAST COAST – STOREBÆLTS BRIDGE IN PROFILE –
EMBANKMENT AROUND NYBORG CASTLE - HOLCKENHAVN
CASTLE – BROHOLM CASTLE – LUNDEBORG HARBOUR
– MARKET PLACE AND PLAYGROUND – FYN IS LOVELY –
HAUTE CUISINE – WHISKEY DISTILLERY – WINE ROUTE FYN**

Enjoy the view and rest your legs while you wave goodbye to Korsør and continue along the Baltic Sea Cycle Route on Stage 9 travelling over the majestic Storebælt to arrive in Nyborg on Fyn. This atmospheric town, with a castle and a vibrant town life, is also home to several child-friendly beaches. Enjoy the atmosphere in Nyborg Marina and stop just south of the town centre to admire Holckenhavn Castle.

As you move further south, you can choose to stop for refreshments or stay overnight by Bøsøre Strand Holiday Park. Next stop is Hesselagergård – something straight out of a fairy tale. From here there are only a few kilometres to Lundeberg, a charming little fishing village, which was once a great market place in the Iron Age. Take a trip to the romantic Broholm Castle – book a room and live like a prince or princess for a night. Near Svendborg, you might like to visit Skårupøre Vineyard if you are thirsty or just a little bit inquisitive. It is the perfect place to take a rest before you finish the stage in Svendborg.

If you ride in the opposite direction on Stage 9 towards Svendborg as the starting point, ride on towards Korsør and then further on, on Stage 8 towards Næstved.





HIGHLIGHT STAGE 9

THE MARKET TOWN OF NYBORG

Did you know that Nyborg was Denmark's very first capital city? With this in mind, it makes complete sense that Nyborg Castle is the home to Denmark's oldest, most well-preserved castle, owned by a king, dating back to 1170. The castle played an important role in the Middle Ages, which is easy to imagine, when you walk along the embankments, admiring the castle that is currently being beautifully restored. The town's church, 'Our Lady's Church', is from the 14th Century and is absolutely worth a visit. In the summer you can watch a play in Denmark's oldest Open Air Theatre. If you plan your trip around the first weekend of July, the town transforms into one from the Middle Ages, courtesy of the traditional Danehof Market.

www.visitnyborg.com

Map 33

1

105



NYBORG

Storebælt Bridge

Seen from afar, the bridge over Storebælt, is an impressive sight, as it connects Sjælland to Fyn. The pylons on the East Bridge are 254m high, some of the tallest structures in Denmark. The span between the Pylons is 1624m long and makes the East Bridge between Sjælland and Sprogø the longest suspension bridge in Europe. The bridge opened for train traffic in 1997 and cars in 1998. It consists of two bridges and a tunnel, which together spans 18km. There is a viewing area of the bridge at the end of Hjejlevej in Nyborg.

www.visitnyborg.com

Map 33 2



NYBORG

Haute Cuisine

If you love food, you will love the experience of Haute Cuisine from the Restaurants Liefroy, Hesselet or Remisen. All of them guarantee an enjoyable gastronomic experience in beautiful and unique surroundings. Restaurant Remisen is situated in an old railway workshop by the harbour, connected to the Nyborg Distillery. The workshops have been completely renovated and contain the restaurant, the production line and warehouse, where the whiskey ages. The café is full of the distillery's organic produce.

www.nyborgdestilleri.com

Map 33 3



GUDME

Broholm Castle

Broholm Castle is a time warp with a park, a moat and a watermill. Here you can daydream your way to the past where Broholm played host to the world-renowned author of fairy tales, Hans Christian Andersen. If you sign up for a tour, you can see Chamberlain NFB Sehested's prehistoric collection of over 60,000 antiques, as well as the beautiful rooms in the main building. Spoil yourself in the top quality gourmet restaurant and maybe even book an overnight stay in the castle's entrancing rooms.

broholm.dk/GB.aspx

Map 34 4

LUNDEBORG

Lundeborg Harbour

Lundeborg is a quaint, old fishing harbour, where it is still possible to enjoy its unique maritime community. Watching the fishing boats sail into the harbour with their catch is a wonderful way to spend your time. Enjoy the view from the harbour's charming cafés. Lundeborg is surrounded by stunning countryside, with forests, meadows and fields in all directions. There are an abundance of walking and biking tours behind the town and along the coast and at the harbour there is a Viking themed playground.

marinaguide.dk/en/lundeborg-harbour/description/ Map 34 5



FRØRUP, VEJSTRUP, SKÅRUP AND SVENDBORG

Wine Tour of Fyn

The passion that the winemakers' have for their ancient craft permeates the vineyards on Fyn. As you walk through the winding rows of vines or have a chat with one of the vintners about their love of growing and refining the old varieties of grape that thrive on Fyn, this all becomes crystal clear.

On the road towards Svendborg you can visit Frørup Vineyard, Vejstrup Vineyard, Skårupøre Vineyard or Svendborg Vineyard without taking too much of a detour from the route.

www.visitfyn.com

Map 35 6

Postal codes 5700 Svendborg – 5800 Nyborg –
5874 Hesselager

Tourist Information

Nyborg www.visitnyborg.com
Nyborg Tourist information, Torvet 2B, 5800
Nyborg

Svendborg www.visitsvendborg.com
Svendborg Tourist Information,
Havnepladsen 2, 5700 Svendborg

Places to Stay, Eat and Explore

See www.visitnyborg.com
www.visitsvendborg.com



Long Term Parking

Dronningensvej 48, Nyborg
Vesterhavnen, Nyborg
Frederikso, Svendborg
Svinget 2, Svendborg

Travel to and from

Korsør and
Nyborg

You can get across Storebælt between Sjælland and Fyn in a car or by train to/from Korsør and Nyborg or by intercity bus/Flixbus.

From the train stations in both Korsør and Nyborg there are trains to Copenhagen as well as Odense, Jutland and the rest of Europe: www.dsb.dk/en

In Nyborg there is an intercity bus near the motorway on: www.global.flixbus.com

Local and regional buses in Korsør: movia.dk
Local and regional buses in Nyborg: fynbus.dk

Svendborg
Station

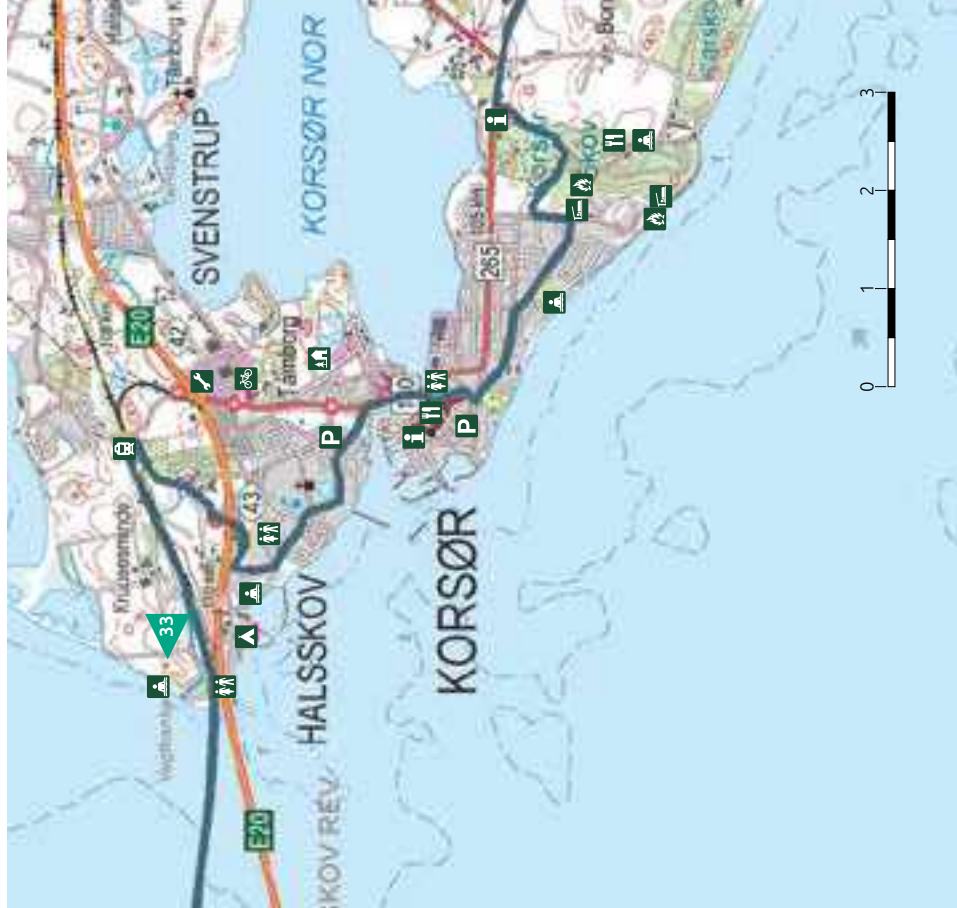
Train to Odense then to Copenhagen, Jutland and the rest of Europe: www.dsb.dk/en

Local and regional buses : www.fynbus.dk

Intercity bus/Flixbu, Sundbrovej v. Johannes Jørgensens Vej, Svendborg: www.global.flixbus.com

Ferry to/from Ærø: www.aeroe-ferry.dk/en
(booking online) + 45 62 52 40 00

Ferry to Skarø, Drejø and Hjortø:
www.svendborg-havn.dk/en (booking online)
+45 62 23 30 80









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| | CAMPING | | HOTEL | | TOURIST-INFO |
| | BASIC CAMPSITE | | YOUTH HOSTEL | | PARKING |
| | SHELTER | | EATERIES | | SHOPPING |
| | CAMPFIRE | | TOILET | | ATTRACTI-ONS |
| | VIEW | | BIKE SERVICE | | BIKE RENTAL |
| | TRAIN STATION | | THE ROUTE | | |



STAGE 10

SVENDBORG – ASSENS



70 km



68 km asphalt, 2 km gravel

COAST OF SOUTHERN FYN – THE SOUTHERN FYN ARCHIPELAGO – ‘A HEARTFELT WELCOME’ TO EGESKOV CASTLE – THE ARCHIPELAGO MUSEUM – OUTDOOR ACTIVITIES – THE SEAPORTS OF SVENDBORG, FAABORG AND ASSENS – THE ALPS OF FYN – THE VIEWS OF THE PAINTERS ON FYN – ENTHUSIASTIC CAR COLLECTORS MUSEUM – THE CHARACTERFUL HALF ISLAND OF HELNÆS

Stage 10 gives you the very best of the archipelago and a great insight into the three seaports of Svendborg, Faaborg and Assens. Each area has its own distinctive character, so it will be up to you to choose which one is your favourite. In between these Towns, you will find charming little villages where life on southern Fyn has its very own ambience with either outdoor activities to partake in, or the quiet life to enjoy. The journey from Svendborg to Assens is

close to the coast, so you are never far from a beach stop. You are furthest from the shore when you cycle in towards the Alps of Fyn, also called the ‘Svanninge Bakker’. Still, even here you will be able to see the archipelago from the many vista points. You ride on lovely, quiet little roads, flanked by fields and forests, with timber-framed houses. You can take a few detours along the way, maybe Egeskov Castle or the most beautiful, untouched countryside of the peninsulas of Helnæs and Thorø Huse. Perhaps do some island hopping in the summer months, from Faaborg Harbour. It is incredibly popular, so book early to secure your space.

If you choose to start Stage 10 beginning in Assens, it is possible to continue onwards from Svendborg, on Stage 1, by taking the ferry to Ærø. Or, you can take Stage 2 to Nakskov via the ferry from Langeland, or Stage 9 through Nyborg and across Storebælt to Korsør.





HIGHLIGHT STAGE 10

EGESKOV CASTLE

Egeskov Castle is Fyn's second largest tourist attraction and one not to be missed. The castle is the largest, most well-preserved moat castle in Europe. It is surrounded by an idyllic, award-winning park with flowers, mazes and ancient trees. This living castle with its hospitable motto 'We wish you a heartfelt welcome' is the home of the the Ahlefeldt-Laurvig-Bille family. There is a wonderful collection of rare planes, cars and motorbikes in the classic car exhibition and you can visit the world's most wondrous dolls house 'Titania's Palace'. Should you like a little horror, you can seek out the Crypt of Dracula. Egeskov is open from May to mid-October and again for the Christmas Market and the light experience 'Luminis'. To get to the castle from the Baltic Sea Cycle Route requires a 16km detour as it is located in the middle of Fyn, near Kværndrup and is a 'must visit' on Fyn.

www.egeskov.dk/en

Map 37 B

1

115



FAABORG

The Archipelago Museum

The Archipelago Museum in Faaborg has a wealth of exhibitions and activities; 'The Arrest' allows you to feel what it is like to be behind bars. Kaleko Mill and the old merchant's courtyard has an ambience of the days of yore that has enthralled many a visitor. The Archipelago Museum also has plenty of outdoor tours and activities on offer such as Snorkelling Your Way to the Stone Age, Riding in the Ice Age and Bike & Wine tours.

www.ohavsmuseet.dk/en/ohavsmuseet/

Map 38 2

FAABORG

Faaborg Town

Faaborg is a picturesque town, with the archipelago in its front garden and the Alps of Fyn to the back. If you are looking for a quintessentially Danish town with hollyhocks and rickety old houses springing out of cobbled streets, then you are in the right place. The delightfully coloured houses and the tiny streets give the town its very own charm. Time flies as you explore one of the country's very oldest towns. Faaborg is also a top destination for sailors and the perfect place from which to go island hopping.

www.visitfaaborg.com

Map 38 3



FAABORG

Svanninge Bakker

Svanninge Bakker, also known as the Alps of Fyn, is the largest, connected, forest and wildlife area on Fyn. You can wander by foot or ride your bike and explore the hilly landscape that has been the inspiration for many of Fyn's artists. In this area, you can also find Svanninge Church, Arreskov Lake, Brahetrolleborg Castle and church, as well as the viewing tower, where, on a clear day you can see all the way to Als.

www.visitfaaborg.com

Map 38 4

ASSENS

The Half Island of Helnæs

Helnæs is a small peninsula with a unique scenery, a cultural life and an exciting past. The name stems from the word 'holy' and may have been a place where the prehistoric gods were worshipped. The bike ride along the sea between Fyn and the peninsula leaves you with a special impression and you can often meet fishermen, kite and windsurfers at the water's edge. At Helnæs you can enjoy nature both at sea and on land. Find your walking shoes and take a walk in the Bobakker or enjoy a delicious meal at the Helnæs Kro.

www.visitassensinfo.com

Map 39 5



ASSENS

The Strøjer Collection

Forget everything you know about dusty old cars. In Jørgen Strøjers private garage in Assens, you will find cars way beyond your imagination. There are more than 100 unique cars in the collection. There are royal cars, Le Mans cars, racing cars, and Grand Prix cars, all with enchanting stories about their previous owners or how they were used on special occasions. One such car is the charcoal grey Aston Martin, used in the James Bond film 'Die Another Day'. The collection is open by appointment.

www.strojersamlingen.dk

Map 40 6

Postal codes 5600 Faaborg – 5610 Assens – 5700 Svendborg

Tourist Information

| | |
|-----------|---|
| Svendborg | www.visitsvendborg.com Svendborg Tourist Information , Havnegade 2, 5700 Svendborg |
| Faaborg | www.visitfaaborg.com Faaborg Tourist Information, Torvet 19, 5600 Faaborg |
| Assens | www.visitassensinfo.com Assens Tourist Information, Tobaksgården 7, 5610 Assens |

Places to Stay, Eat and Explore

| | |
|-----|--|
| See | www.visitsvendborg.com www.visitfaaborg.com www.visitassensinfo.com |
|-----|--|



Long Term Parking

Frederiksø, Svendborg
 Svinget 2, Svendborg
 Reberbanen, Assens
 Søndre Ringvej, Assens

Travel to and from

Svendborg Station
 Train to Odense and connections to Copenhagen, Jutland and the rest of Europe: www.dsb.dk/en
 Local and regional buses : www.fynbus.dk
 Intercity Bus, Sundbrovej v. Johannes Jørgensens Vej, Svendborg: www.global.flixbus.com
 Ferry to/from Ærø: www.aeroe-ferry.dk/en (booking online) + 45 62 52 40 00
 Ferry to Skarø, Drejø and Hjortø: www.svendborg-havn.dk/en (booking online) +45 62 23 30 80

Faaborg

Faaborg Rutebilstation
 Regional buses to Odense, Svendborg, Nyborg, Rudkøbing, Kerteminde, Ringe as well as local bus routes in Faaborg: www.fynbus.dk
 Faaborg Harbour
 Ferry to/from Ærø/Søby: www.aeroe-ferry.dk/en (booking online) +45 62 52 40 00
 Ferry to/from Lyø, Avernakø and Bjørnø: www.islandferry.fmk.dk (booking online)
 Bøjden Ferry Port
 Ferry to/from Als (Fynshav): www.alslinjen.dk (booking online)

Assens

Assens Bus Station
 Regional buses to/from Odense and Faaborg sas well as local bus routes: fynbus.dk



OLLERUP

TVED

SVENDBORG

VINDEBY

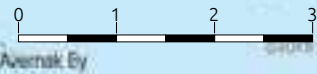
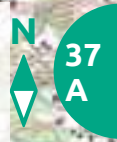
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RANTZAUSMINDE

TROENSE



-  CAMPING
-  BASIC CAMPSITE
-  SHELTER
-  CAMPFIRE
-  VIEW
-  TRAIN STATION
-  HOTEL
-  YOUTH HOSTEL
-  EATERIES
-  TOILET
-  BIKE SERVICE
-  TOURIST-INFO
-  PARKING
-  SHOPPING
-  ATTRACTIONS
-  BIKE RENTAL
-  THE ROUTE





37
B



37A



122

KVÆRNDRUP

KORINTH

FISKERUP
SKOV

STENSTRUP

Hundstrup

Kirke

Kirkeby
Sand

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|---|----------------|---|---------------|
|  | CAMPING |  | HOTEL |
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|  | SHELTER |  | EATERIES |
|  | CAMPFIRE |  | TOILET |
|  | VIEW |  | BIKE SERVICE |
|  | TOURIST-INFO |  | BIKE RENTAL |
|  | PARKING |  | TRAIN STATION |
|  | SHOPPING |  | FERRY |
|  | ATTRACTI-ONS |  | THE ROUTE |





39

40



10 km

Snave

Strandby

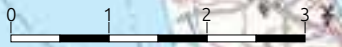
Jordløse

Hasstrup

Faldsled

NØRREFJORD

HELNÆS BUGT



124

15 km

5

329

38



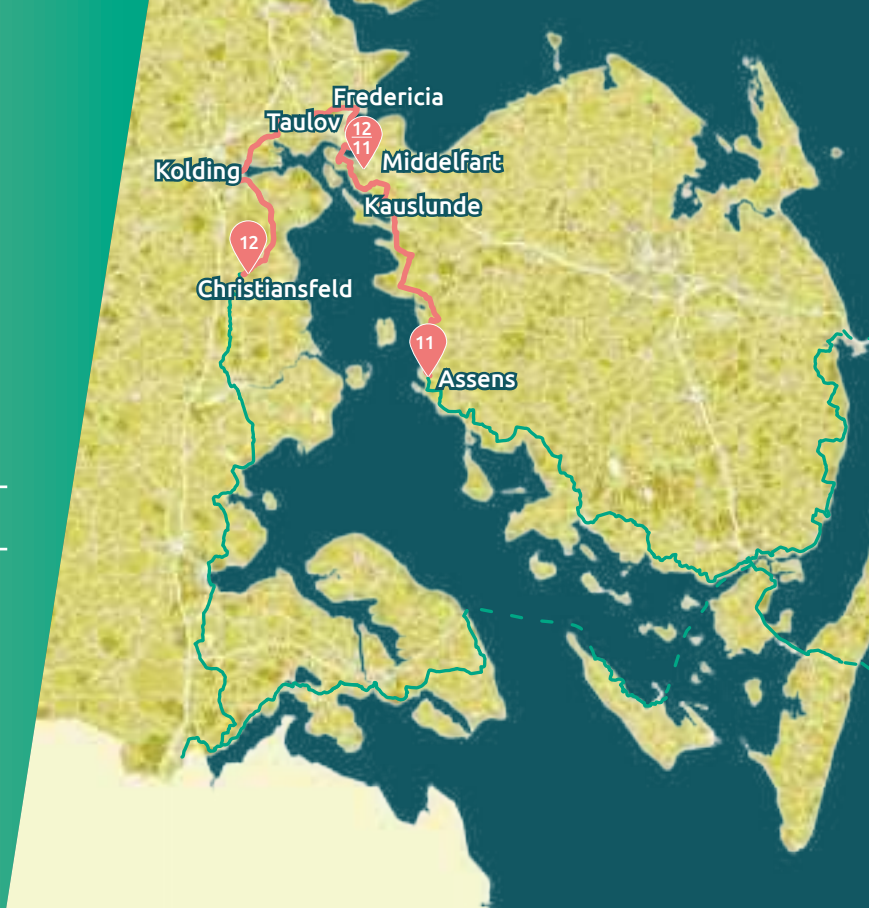
- CAMPING
- HOTEL
- BASIC CAMPSITE
- YOUTH HOSTEL
- SHELTER
- EATERIES
- CAMPFIRE
- TOILET
- VIEW
- BIKE SERVICE
- TOURIST-INFO
- BIKE RENTAL
- PARKING
- TRAIN STATION
- SHOPPING
- FERRY
- 1-6 ATTRICTIONS
- THE ROUTE



LILLEBÆLT

Stage 11 Assens – Middelfart 50 km rolling terrain

Stage 12 Middelfart – Christiansfeld 60 km hilly terrain





STAGE 11

ASSENS – MIDDELFART



**LILLEBÆLT AND WEST FYN – BENDS, BAYS AND FJORDS -
BRIDGEWALKING LILLEBÆLT – SPECTACULAR VIEWS –
WHALE SAFARI FROM THE OLD PORT IN MIDDELFART –
HINDSGAVL PENINSULA NATURE RESERVE –
EVENING WALKS IN ASSENS' PAST – TROLLEY CYCLING –
CLAY CERAMIC MUSEUM**

The town of Assens is absolutely worth exploring so before you go further along Stage 11, have a good look around. The beautiful 'Church of Our Lady' is a must. The harbour is still a thriving, maritime community, and the old town is wonderfully atmospheric. From Assens you ride north towards Aborg Strand (beach), a perfect place to rest, with benches and tables to sit at. To extend your rest time a little, pop by the beach at Sandager Næs, for a quick dip. On your way to Middelfart, you



50 km



48 km asphalt, 2 km gravel

stay close to the south-westerly coast, making your way over to Føns Strand, Ronæs Bridge and Svinø. Before entering the centre of Middelfart, make a quick detour and ride around Hindsgavl Peninsula, one of the most stunning coastal regions in Denmark with a nature reserve and castle ruins from the 13th century, that sit right on the water's edge.

Reach for the sky in Middelfart with Bridgewalking on top of the old Lillebælt Bridge. There are beaches, a vibrant town life to enjoy. If you would rather explore Middelfart from the water, embark on a Whale Safari on Lillebælt.

It is also possible to start Stage 11 in Middelfart and ride in the opposite direction, to Assens – from here you continue onto Stage 10.





HIGHLIGHT STAGE 11

BRIDGEWALKING LILLEBÆLT

You can go to Sydney or Lillebælt. At both these places you can, if you dare, walk on top of a bridge and enjoy the spectacular and unimpeded view and even enjoy the sinking feeling in your stomach as a train rattles beneath you. With Bridgewalking Lillebælt you are taken on a guided walking tour, 60 meters high, on the old Lillebælt Bridge. Safety is, of course, a priority, as is the view! As you walk, your tour guide will tell you all about the architecture of the bridge, its history, how it was built and the sights around the area of Lillebælt. When the tour is over, there are plenty of opportunities to relax, play and picnic, near the Information Centre.

www.bridgewalking.com



ASSENS

The Market Town of Assens

This unspoiled market town has a proud maritime history. From the Middle Ages onwards to the opening of the old Lillebælt Bridge in the 20th Century, Assens was the primary crossing route from Fyn to Schleswig, and therefore a lively hub of activity between Copenhagen and Hamburg. Its varied history can also be seen if you wander into 'The Church of Our Lady' in Assens, which is Fyn's second-largest church. Visit the Museum of West Fyn and take a guided evening tour through 19th Century Assens.

www.visitassensinfo.com

Map 41 2

ASSENS

Trolley Cycling

There is an alternative way to enjoy the countryside of Fyn – a trolley bike! The route is about 30km long and winds its way between Assens and Tommerup Station, on a wonderfully old, disused railroad. As you ride, you will see Dreslette Church, The Bay of Helnæs and the old fishing village of Thurø Huse. The trolley bikes are easy to pedal, and there is enough room for three or four people per bike. The trolley bikes are available from April to October. Remember to book in advance.

www.visitassensinfo.com

Map 41 3



MIDDELFART

CLAY Ceramic Museum of Denmark

CLAY is a specialised museum for ceramic art, craft and design. It houses one of Europe's most impressive collections of ceramics. There are porcelain works, stone works and earthenware from the illustrious Danish ceramic factories like Royal Copenhagen – the Royal Porcelain Manufacturer, Bing & Grøndahl and Alumina. The architecture of the museum and the surrounding Sculpture Park with views to Lillebælt is something to behold. Take a well-deserved coffee break in the café!

www.claymuseum.dk/en/

Map 43 4

MIDDELFART

Hindsgavl Peninsula

This recreational countryside is home to Hindsgavl Nature Reserve and Deer Park, the 'Nature Centre Hindsgavl' as well as the Welcome and Information Centre for Bridgewalking Lillebælt. There is a fantastic 10km walk you can do along the coast from the old harbour to Teglgård called 'pynten rundt'. It takes around four hours. The Deer Park has a large population of red and fallow deer, which be seen on the plains and in the forests. You'll also find a play area and a place to cook food over a fire, near the Nature Centre.

www.visitlillebaelt.com

Map 43 5



MIDDELFART

Whale Safari on Lillebælt

Lillebælt is one of the most whale-rich waters in the world. This is the place to go if you wish to see one of the smallest whales, the Harbour Porpoise, up close. There are several different tour operators that will take you on a whale safari from the old harbour in Middelfart. Once you are on the water, you pass under either the new or the old Lillebælt Bridge. While on-board, rest those weary legs, sit back and enjoy the blue waters of Lillebælt and the view of the beautiful half-island of Hindsgavl and Middelfart town.

www.visitlillebaelt.com

Map 43 6

Postal codes 5610 Assens – 5500 Middelfart

Tourist Information

Assens www.visitassensinfo.com

Assens Tourist Information, Tobaksgården 7,
5610 Assens

Middelfart www.visitlillebaelt.com

Visit Middelfart, Havnegade 6, 5500 Middelfart

Places to Stay, Eat and Explore

See www.visitlillebaelt.com

www.visitassensinfo.com



Long Term Parking

Reberbanen, Assens

Søndre Ringvej, Assens

Parkng at Middelfart Station

Fænø Odde Rasteplads

P-plads Havnegade 2, Middelfart

Travel to and from

Assens

Assens Rutebilstation

Regionale busser to/from Odense and Faaborg and lokale busruter: www.fynbus.dk

Middelfart

Middelfart Station














Train connection to Fredericia, followed by a train connections to the rest of Jutland and Europe. Train connection to Odense, Copenhagen and many places in between. www.dsb.dk/en

Intercity bus leaves from Skovsvinget 60, 5500 Middelfart – www.global.flixbus.com

Local and regional bus routes – www.fynbus.dk





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|---|-----------------------|---|---------------------|---|---------------------|
|  | CAMPING |  | HOTEL |  | TOURIST-INFO |
|  | BASIC CAMPSITE |  | YOUTH HOSTEL |  | PARKING |
|  | SHELTER |  | EATERIES |  | SHOPPING |
|  | CAMPFIRE |  | TOILET |  | ATTRACTI-ONS |
|  | VIEW |  | BIKE SERVICE |  | BIKE RENTAL |
|  | TRAIN STATION |  | THE ROUTE | | |





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| | CAMPING | | HOTEL |
| | BASIC CAMPSITE | | YOUTH HOSTEL |
| | SHELTER | | EATERIES |
| | CAMPFIRE | | TOILET |
| | VIEW | | BIKE SERVICE |
| | TOURIST-INFO | | BIKE RENTAL |
| | PARKING | | TRAIN STATION |
| | SHOPPING | | FERRY |
| | ATTRACTI-ONS | | THE ROUTE |





STAGE 12

MIDDELFART – CHRISTIANSFELD



**ALONG LILLEBÆLT ON THE JUTLAND SIDE –
NATURE RESERVE LILLEBÆLT – MILITARY HISTORY IN
FREDERICIA – MUSICAL THEATER - KOLDINGHUS –
TRAPHOLT MUSEUM FOR MODERN ART AND DESIGN –
HONEY CAKES IN CHRISTIANSFELD – WORLD CULTURAL
HERITAGE IN THE MORAVIAN TOWN**

On Stage 12 between Middelfart and Christiansfeld, you ride through the largest nature reserve in Denmark, Naturpark Lillebælt. It winds its way between Fyn and Jutland, connected by the Lillebælt bridges. The waters of Lillebælt are the focal point for a rich and varied countryside and home to one of the world's most dense populations of Harbour Porpoises. Explore these beautiful creatures on board a Whale Safari from the lovely old port of Middelfart.



60 km



You can cross Lillebælt on bike via the old Lillebælt Bridge between Fyn and Jylland



59 km asphalt, 1 km gravel

When you reach Fredericia, you dive straight into Denmark's military history. Fredericia was, for many hundreds of years, one of the most important fortresses and garrison towns in Denmark. The beautifully-preserved ramparts tell the story of the siege of 1849. On your way into Kolding, you will notice Jutland's last royal castle, Koldinghus. The town is a mix of culture and design with a vault of creative shops and exciting exhibitions. The stage ends at Christiansfeld, with its yellow brick Moravian houses. In 2015 the town became a UNESCO World Heritage site. Enjoy the coffee, the honey cakes and the tranquility of this stunning place. Should you wish to leave out Stage 11 on your ride, make sure you still manage to enjoy a whale safari (page 130) and some Bridgewalking (page 127) on the old Lillebælt Bridge.

Christiansfeld can also be your start point for Stage 12, which then ends in Middelfart. From here you can continue onto Stage 11 and to Assens.





HIGHLIGHT STAGE 12

NATURE PARK LILLEBÆLT

Nature Park Lillebælt is the largest nature park in Denmark, with depths of up to 80 metres. It has a unique environment for both fauna and flora. Rest your bike while you enjoy some diving or pleasure fishing. Lillebælt has the world's most dense population of Harbour Porpoises, and you can enjoy a Whale Safari from both Fredericia and Middelfart. Nature Park Lillebælt is one of the country's most important breeding and resting grounds for coastal birds, with saltwater meadows and coastal wetland regions. There are plenty of opportunities to get close to nature and the birdlife in the nature park, both by bike and on foot. You can also find a great deal of history by Skamlingsbanken or by the Ramparts of Fredericia, and of course stories of Porpoise hunting in Middelfart. Remember to use the nature park respectfully.

[www.visitlillebaelt.com/little-belt/
nature-park-lillebaelt](http://www.visitlillebaelt.com/little-belt/nature-park-lillebaelt)



FREDERICIA

Fredericia Ramparts

Fredericia is home to Northern Europe's largest and most well-preserved ramparts. There are bastions, moats, canons, traverses and cavaliers. The Ramparts were constructed in 1650 by local farmers, soldiers and convicts. One of the most significant victories in Danish military history occurred here – the siege of Fredericia, on 6th July 1849. The Danish assault commenced in the dark of night, out through the portals, driving the Schleswig-Holstein forces away. The ramparts are today a beautiful and natural site.

www.visitlillebaelt.com

Map 44 2

FREDERICIA

Fredericia Theatre

The Fredericia Theatre is Denmark's benchmark when it comes to musical theatre. It is known for its huge productions such as the 'Hunchback of Notre Dame', based on the novel by Victor Hugo. Alternative musical theatre is also produced here, and the theatre's innovators have brought with them many national and international stars. The theatre is also home to concerts, stand-up comedians and touring productions. If you wish to set aside the bike for a while, remember to book well in advance.

www.visitlillebaelt.com/little-belt/events/fredericia-theatre-gdk756677

Map 44 3



KOLDING **Koldinghus**

Koldinghus is Jutland's last royal castle. The ruins tell the story of the catastrophic fire in 1808. It is most obvious in the newly renovated south wing, which is a unique combination of old and modern architecture. There are permanent and visiting exhibitions, and the Design School holds its final exhibition here, yearly. The castle has, through the last 700 years, played an important role in Denmark's history, as both a deterrent and as one of the royal family's preferred castles.

www.koldinghus.dk/uk/

Map 45 4

KOLDING **Trapholt**

Trapholdt is the only museum in Denmark where you can experience art, craft, design and furniture design in the same place. The ever-changing exhibitions promote both national and international artists and designers. The museum has a sought after collection of modern art and Denmark's most extensive collection of chairs from the 20th Century. It even houses the unique summerhouse of the Danish Architect Arne Jacobsen. The architecture is an experience in itself - set in a beautifully landscaped garden, above Kolding Fjord.

www.trapholt.dk/en

Map 45 5



CHRISTIANSFELD

Christiansfeld

The town of Christiansfeld is a UNESCO World Heritage site with an exceptional atmosphere, whether you are a history buff or just looking for some 'hygge'. It contains the well-preserved, iconic, yellow-stone houses on cobbled street, which Christian VII allowed the Moravian Brethren to build in 1773. Learn more about the Brethren at the Museum and Christiansfeld Centre, or go on a tour around the town and learn why they decided to settle here. Remember to try the traditional honey cakes.

Postal codes 5500 Middelfart – 6000 Kolding –
6070 Christiansfeld – 7000 Fredericia

Tourist Information

Middelfart and www.visitlillebaelt.com
Fredericia

Kolding www.visit-kolding.com

Places to Stay, Eat and Explore

See www.visitlillebaelt.com
www.visit-kolding.com



Long Term Parking

Havnegade 2, Middelfart
Fænø Odde Rasteplads, Middelfart
Norgesgade 12, Fredericia
Chr. Winthers Vej, Fredericia
Marielundsvej 20, Kolding
Ejlersvej, Kolding
Free Parking, Fynsvej 13, Kolding
Lindegade 53C, Christiansfeld

Travel to and from

Middelfart
Station

Train connections to the rest of Denmark and Europe, such as Copenhagen, Esbjerg and Ålborg – www.dsb.dk/en
Bus connections to e.g. Strib, Fredericia and Kolding – www.sydttrafik.dk/en*
Intercity Bus stop at Skovsvinget 60
www.globalflibx.com

Fredericia
Station

Train connections to the rest of Denmark such as Copenhagen, Esbjerg and Ålborg as well as Flensburg and Hamburg – www.dsb.dk/en
Bus connections to e.g. Kolding and Middelfart – www.sydttrafik.dk*

Intercity Bus – www.global.flibx.com

Christiansfeld

Bus connections to e.g. Kolding and Middelfart
www.sydttrafik.dk*

Intercity Bus Stop at Omfartsvejen
www.global.flibx.com

* www.moovitapp.com/index/en/public_transit-lines-Danmark-2965-853558





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|  | CAMPING |  | HOTEL |
|  | BASIC CAMPSITE |  | YOUTH HOSTEL |
|  | SHELTER |  | EATERIES |
|  | CAMPFIRE |  | TOILET |
|  | VIEW |  | BIKE SERVICE |
|  | TOURIST-INFO |  | BIKE RENTAL |
|  | PARKING |  | TRAIN STATION |
|  | SHOPPING |  | FERRY |
|  | ATTRACTI-ONS |  | THE ROUTE |



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KOLDING

NØRRESKOV

VONSILD

SØNDER BJERT

Sønder Stenderup

Sønder Skov

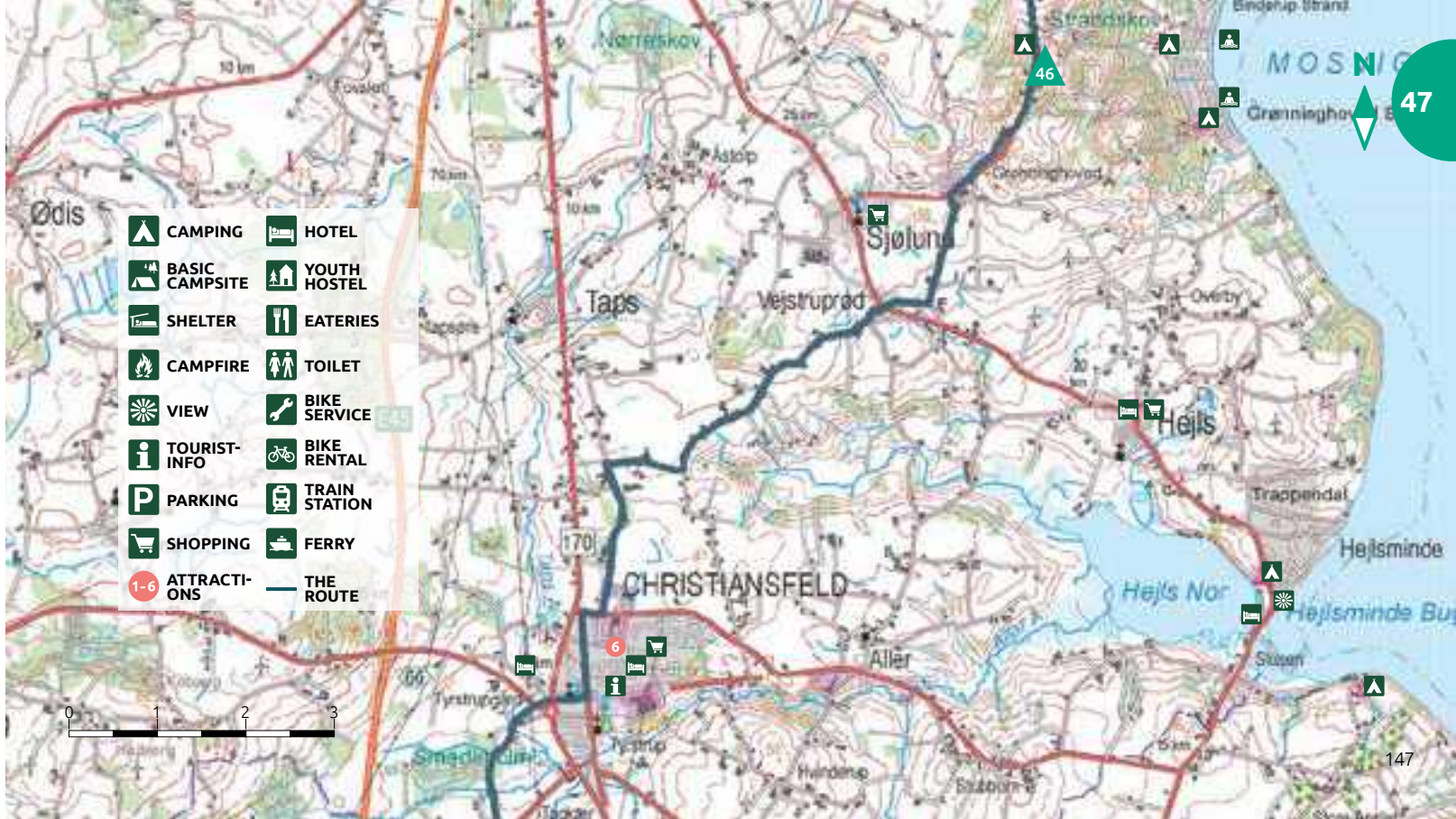
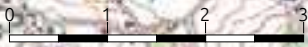
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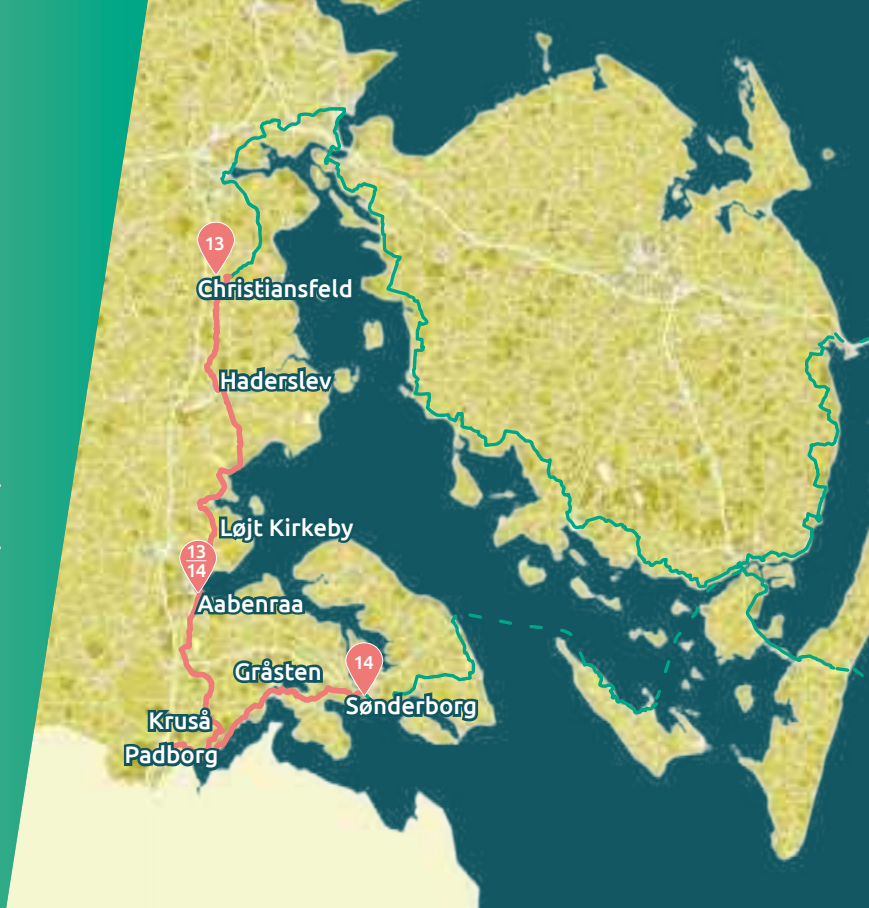
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| | TOURIST-INFO | | BIKE RENTAL |
| | PARKING | | TRAIN STATION |
| | SHOPPING | | FERRY |
| | ATTRACTI-ONS | | THE ROUTE |



SØNDER- JYLLAND

Stage 13 Christiansfeld – Aabenraa 50 km hilly terrain

Stage 14 Aabenraa – Sønderborg 75 km hilly terrain





STAGE 13

CHRISTIANSFELD – AABENRAA



SØNDERJYLLAND – BEAUTIFUL HILLS – BIRTHPLACE OF THE DANISH REFORMATION – HADERSLEV CATHEDRAL – STREETDOME AND TOUR BOAT – KNIVSBJERG AND THE GERMAN MINORITY – WILDLIFE RESERVE – HARBOUR TOWN OF AABENRAA

On Stage 13 you ride through the market towns of Christiansfeld, Haderslev and Aabenraa. Christiansfeld was given the honour of becoming a UNESCO World Heritage site in 2015, due to its exemplary architectural style. It is a well-known Moravian Brethren settlement. The next town on the route is Haderslev, which played an essential role in the introduction of Protestantism in Denmark. In 1528 Duke Christian decided that worship was to be held here, in the Lutheran way and later, when



50 km



48 km asphalt, 2 km gravel

he became King Christian III of Denmark, he expanded the church reforms to include the rest of Denmark. The route in Aabenraa is a coastal route. The connection with the sea has been vital for Aabenraa, which was one of Sønderjylland's most famous harbours in the 18th and 19th Centuries. From Aabenraa there was a sea-connection to the rest of the world. This meant that foreign and exotic items were brought back by local sea-faring folk.

You can choose to start the stage in Christiansfeld and then ride south to Aabenraa – but before you do, make sure you visit the Moravian Brethren Town (page 140). You could also choose to start Stage 13 in Aabenraa and instead, ride north, finishing in Christiansfeld, which can then become the start point of your next journey on Stage 12.

150 Towns:



Christiansfeld

17 km

Haderslev

25 km

Løjt Kirkeby

8 km

Aabenraa





HIGHLIGHT STAGE 13

HADERSLEV CATHEDRAL

Haderslev Cathedral is the town's landmark. The church sits high above the town's roofs, creating a unique panorama. The Cathedral is from around the 1100s. It has experienced many fires, which alongside extensions and restorations has changed the look of the Cathedral to what it is today. There are only a few chalk paintings left, one such painting being of the Schleswig-Holstein coat of arms. In the tall, light church room, you find no less than three organs. The glass cases under the church choir display four vestments that have been designed by the Danish Queen Margrethe II, each containing symbols central to Christianity. For each vestment, there is also an altar cloth. The textiles are used at various events throughout the year.



HADERSLEV

Haderslev Town

Haderslev is a lively, little market town full of shops. Down by the harbour, there is a fantastic new area for the town's young people called 'Street Dome'. If you arrive in Haderslev on 4th May, you too can celebrate the liberation of Denmark in 1945. An amazing light show is projected onto the town's barracks as the landmark Cathedral sits majestically above the town, as a witness to its historical past.

www.visithaderslev.info

Map 48 2

HADERSLEV

Haderslev Tour Boat

In 2018, the tradition of sailing tourists around the Dam was reinstated. A group of passionate local people and sponsors decided to build an electric tour boat to sail guests around. The Dam is one of the largest of its type with a distance of around 6km, flanked by beautiful countryside. The trip takes about an hour and a half. You can jump on and off at four different points on the trip. Book yourself and your bike on the boat, jump off at Bergs Plads and ride through Denmark's second-largest deer park.

www.haderslevdambaad.dk

Map 48 3



RØDEKRO **Knivsbjerg**

Knivsbjerg (The Knife Mountain) is 97 m high. Take a detour from the route and enjoy the incredible views over the hilly terrain around Genner Bay and over to Fyn. It is a meeting place for the German minority in Sønderjylland/Northern Schleswig, who meets each year to celebrate. In earlier times, there was a monument on top of the hill of the German Kaiser Bismarck. After the Second World War, the monument was destroyed by the Danish Resistance. Today there is a memorial wall and a viewing platform.

www.visitaabenraa.info

Map 49 4

RØDEKRO **Kalvø**

Kalvø is a tiny island of only 17 hectares, at the base of Genner Bay. It is part of a tunnel valley. There is a dam between Kalvø and the mainland, which you can ride along to get to the island. A shipyard was built on the island in the 1800s, and in the 1960s gravel mining began. The area is now a wildlife reserve, and in the spring and autumn months, there are many opportunities for bird watching. Take a 3km ramble around the island exploring the stones brought to this area, from Norway and Sweden, during the Ice Age.

www.visitaabenraa.info

Map 49 5



AABENRAA

Aabenraa Town

Aabenraa used to be the main town in Sønderjylland and was known for its maritime industries. The town was built around 1200 AD. Many of the buildings have a historical tale to tell, especially Brundlund castle, which Queen Margrethe I built in the 1400s. Have a wander through the town, enjoying the ambient old quarter with street names that tell their own stories, such as Slotsgade (Castle road) and Store Pottergade (Large Potter Street). Follow the promenade from the harbour and arrive at Sønderstrand, where you won't be able to resist a quick dip!

www.visitaabenraa.info

Map 50 6

Postal codes 6070 Christiansfeld – 6100 Haderslev -
6230 Rødekro – 6200 Aabenraa

Tourist Information

Haderslev www.visithaderslev.info

Aabenraa www.visitaabenraa.info

Places to Stay, Eat and Explore

See www.visithaderslev.info
www.visitsonderjylland.com

Long Term Parking

Lindegade 53C, Christiansfeld
Sønderjyllandshallen, H P Hanssens Gade 7,
Aabenraa
Wollesgyde 10, Aabenraa



Travel to and from

Christiansfeld Bus connections to e.g. Kolding, Haderslev, Aabenraa and Sønderborg – www.sydtrafik.dk
Intercity Bus Stop - Omfartsvejen – www.global.flixbus.com

Haderslev Haderslev Bus Station
Bus connections to e.g. Kolding, Haderslev, Aabenraa and Sønderborg – www.sydtrafik.dk
Intercity Bus Stop – www.global.flixbus.com

Svendborg Aabenraa Bus station
Bus connections to e.g. Kolding, Haderslev, Aabenraa and Sønderborg – www.sydtrafik.dk
Intercity Bus Stop – www.flixbus.dk



CHRISTIANSFELD

P

Fjelstr

Silerup

Over Astr

HADERSLEY

STARUP

49

0 1 2 3



0 1 2 3

STARUP

N

49

48

170

170

4

50

157

5



50

N

49

5

158

6

51

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| | CAMPING | | HOTEL |
| | BASIC CAMPSITE | | YOUTH HOSTEL |
| | SHELTER | | EATERIES |
| | CAMPFIRE | | TOILET |
| | VIEW | | BIKE SERVICE |
| | TOURIST-INFO | | BIKE RENTAL |
| | PARKING | | TRAIN STATION |
| | SHOPPING | | FERRY |
| | ATTRACTI-ONS | | THE ROUTE |





STAGE 14

AABENRAA – SØNDERBORG



75 km



72 km asphalt, 3 km gravel

**BETWEEN AABENRAA FJORD AND FLENSBORG FJORD -
BORDERLAND – HISTORICAL CENTRE OF DYBBØL – 1864 -
SØNDERBORG CASTLE – SØNDERJYLLAND AND SCHLESWIG
HISTORY – FRØSLEV CAMP – MARITIME HISTORY OF
AABENRAA – MUSEUM OF ART BRUNDLUND CASTLE –
GRÅSTEN PALACE**

In Sønderjylland, you find Denmark's only land-based border with Germany. On Stage 14 you will ride through the towns of Aabenraa and Sønderborg and pass three castles; Brundlund Castle, Gråsten Palace and Sønderborg Castle. A large part of the route follows Flensborg Fjord. Along the way you will pass sites where historic and cultural clashes have, for better or for worse, occurred in the borderland. Sønderjylland used to be part of the Duchy of Schleswig, a fiefdom under the Danish king.

In 1864 war erupted between Denmark and Prussia, when Denmark attempted to integrate Schleswig and make it part of Denmark. Denmark lost the war and a new border was established by Kongeaaen (The King's Lake), south of Kolding. Denmark lost a third of its land and south of the border there were now many Danes that belonged to Germany. After the German defeat in the First World War, it was decided that a new border was to be drawn. In 1920 there was a referendum, and the people agreed on the location of the border.

Stage 14 can also be ridden in both directions. If you choose Aabenraa as starting point, you can choose to select Stage 1, once you reach Sønderborg. If you select Sønderborg as starting point, it is possible to continue onto Stage 13 after Aabenraa. Stage 14 also has a side route that leads from Kollund to Kruså and Padborg.





HIGHLIGHT STAGE 14

HISTORICAL CENTRE OF DYBBØL BANKE

In 1864 war erupted between Denmark and Prussia regarding the ownership of Schleswig. The Danish military took refuge at the Dybbøl trenches after the retreat from Dannevirke. The Prussians attacked and defeated the Danes on 18th April 1864, which culminated in Denmark having to resign the rights to Sønderjylland. At the historical centre, reenactments tell the story of how it was to be a Danish and a Prussian Soldier in 1864.



AABENRAA

Brundlund Castle

The Danish Queen Margrethe I built Brundlund Castle in the 1400s. It was used as the official residence for the County Prefects. Today the castle is a museum of art housing over 1000 works, mostly by artists from Sønderjylland from the 1700s until present day. The most famous names in the collection are C W. Eckersberg, C. A. Jensen, Sven Wiig Hansen and Franciska Clausen. The park around the castle is a beautiful place for an excursion, right in the middle of Aabenraa town.

www.msj.dk/en/the-art-museum-brundlund-castle/ Map 51 2

AABENRAA

Cultural History Aabenraa

Aabenraa has a proud, maritime cultural history from the 18th and 19th Centuries. Large wooden ships that sailed to far-away lands were built there. They brought back exotic goods and interesting spices. Aabenraa was the maritime centre for Sønderjylland. At the Cultural Museum, you can view some of the foreign items that captains and other seafaring folk brought home with them.

www.msj.dk/en/cultural-history-aabenraa/

Map 51 3



PADBORG

Frøslevlejren

Frøslevlejren was a prison camp used by the Germans in 1944, during the occupation of Denmark. Thousands of Danes were incarcerated there by the German security services. The camp changed its name after the liberation of Denmark in 1945, where it became Fårhuslejren and functioned as an internment camp for those who had collaborated with the occupying forces. Today it is an established museum where you can experience what it is like to live in a prison camp.

<https://en.natmus.dk>

Map 53A 4

GRÅSTEN

Gråsten Palace

Gråsten Palace was built as a hunting palace in the 1500s. In 1925 it was given to Crown Prince Frederik and Crown Princess Ingrid as a wedding present and has since belonged to Queen Margrethe II. The walls of the castle church have been extravagantly covered in paintings. Outside the Palace is a superb garden where the National Apple of Denmark, the Gråsten Apple, originates from. As of summer 2020, you will also be able to visit the kitchen gardens, if the royal family are not in residence.

www.kongeligeslotte.dk/en/

Map 53B 5



SØNDERBORG

Sønderborg Castle

The location of Sønderborg Castle is quite magnificent as it sits proudly at the entrance to the town. The museum focuses on almost 800 years of the dramatic history of Sønderjylland and Schleswig. The castle was built as a fortress in the 12th Century. King Christian II was imprisoned here from 1532 to 1549. Queen Dorothea's chapel is one of the unspoiled royal chapels from the Reformation. See also the exhibitions on the War of 1864, the First World War and the reunification of Denmark in 1920.

<https://msj.dk/en/soenderborg-castle/>

Map 54 6

Postal codes 6200 Aabenraa – 6300 Gråsten –
6400 Sønderborg – 6330 Padborg – 6340
Kruså

Tourist Information

www.visitsonderjylland.com

Places to Stay, Eat and Explore

See www.visitsonderjylland.com

Long Term Parking

Sønderjyllandshallen, H P Hanssens Gade 7,
Aabenraa
Wollesgyde 10, Aabenraa

Alsion, Alsion 2, 6400 Sønderborg
Rebslagergade, Sønderborg



Travel to and from

| | |
|------------|---|
| Aabenraa | Aabenraa Bus Station Bus connections to e.g. Kolding, Haderslev, Aabenraa and Sønderborg – www.sydotrafik.dk Intercity Bus Stop – www.global.flixbus.com |
| Sønderborg | Sønderborg Station Train to/from Fredericia – www.dsb.dk/en Local and Regional Buses – www.sydotrafik.dk Intercity Bus Stop – www.flixbus.dk |
| Flensborg | If you arrive by train from Germany take the Flensborg stop and start the route from here. www.rail.cc |





CAMPING



HOTEL



TOURIST-
INFO



BASIC
CAMPSITE



YOUTH
HOSTEL



PARKING



SHELTER



EATERIES



SHOPPING



CAMPFIRE



TOILET



ATTRACTI-
ONS



VIEW



BIKE
SERVICE



BIKE
RENTAL



TRAIN
STATION



THE
ROUTE





- | | | |
|---|--|---|
|  CAMPING |  HOTEL |  TOURIST-INFO |
|  BASIC CAMPSITE |  YOUTH HOSTEL |  PARKING |
|  SHELTER |  EATERIES |  SHOPPING |
|  CAMPFIRE |  TOILET |  ATTRACTIONS |
|  VIEW |  BIKE SERVICE |  BIKE RENTAL |
|  TRAIN STATION |  THE ROUTE | |



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THE BIGGEST AND THE BEST

On the Baltic Sea Cycle Route, you can enjoy:

(Tick off when completed)

- The world's largest area created by the ice age and glacial melts, with old settlements and forests under the water: The southern Fyn archipelago.
- The world's first area to be given the title 'Dark Sky Community' and 'Dark Sky Park' on Møn and Nyord.
- The birthplace of the world-famous author of fairy tales; Hans Christian Andersen, born on Fyn in 1805.
- Home of the world's third-oldest bike race 'Around Fyn', which has been going since 1894.
- The world's third-oldest suspension bridge - the 'Storebælt Bridge'.
- The oldest, most well-preserved chapel from the Renaissance, the chapel in Sønderborg Castle, built by Queen Dorothea in 1568-70.
- The most extensive private collection of paintings in Scandinavia is to be found in Gavnø Castle – 1000 paintings by European artists, from the 1600s onwards.
- Denmark's only, completely preserved castle tower 'The Goose Tower', now part of Denmark's Castle Centre.
- The only castle brewery in Denmark is to be found at Gavnø Castle.
- The original capital of Denmark, Nyborg
- The oldest Municipal Building in Denmark, dating back to the Middle Ages, to be found in Næstved.
- The most significant concentration of castles and manor houses in Denmark. There are 123 historic buildings on Fyn and the surrounding islands.
- The largest nature reserve in Denmark – Naturpark Lillebælt.
- The largest collection of wild orchids in Denmark, with nine types of orchids on the meadows/pastures of Høvblege on Møn.
- Denmark's longest dike is on the south coast of Lolland and is 63km long.

THE BALTIC SEA CYCLE ROUTE

820 KM OF HYGGE ON TWO WHEELS

Imagine a place where you can switch-off from everyday life while being fully re-energised, a place where land meets the sea. A place where the water's calming flow follows you, harmonising and keeping rhythm with your wheels as they touch the ground. Imagine a place where you ride along an ebbing and flowing, ever-changing coastline with a rich and wondrous diversity of nature; a place where you can ride from one delightful little harbour to the next, passing through typically Danish villages, while later relaxing in modern market towns with ambient and cosy atmospheres. These places exist. These are the places you find along the Baltic Sea Cycle Route.

The National Route 8, the Baltic Sea Cycle Route, is 820km (509.5 miles) long and is the longest in the National Cycle Route Network of Denmark. The Baltic Sea Cycle Route takes in the most stunning parts of southern Denmark, including both the west and south of Sjælland (Zealand), Møn, Lolland, Falster, Fyn, Lillebælt and Sønderjylland (southern Jutland). You can experience a vast diversity of islands throughout this region by bike, connected by as many as eight bridges and four ferries. You'll meet friendly locals, and you'll enjoy regional dishes. Stop along the way to explore the historic castles on the route. Find a quiet place in nature, sit for a while pondering on life or challenge yourself to do something new.

