



SOFT ADVENTURE TRAVEL

Land of outdoor adventures

In Denmark, we look for a touch of magic in the ordinary, and we know travel is more than ticking sights off a list. It's about finding the wonder in the things you see and the places you go.

One of the wonders that we at VisitDenmark are particularly proud of is our nature and how we use it. Denmark is packed with stunning natural spots and awesome outdoor adventures. Better still, everything is so close you'll be crossing off your bucket list left and right!

You might know Danes as calm and collected people, but once we are out in nature with fresh air rushing through us, you might see another side to us!





Denmark and its regions

Geography

- The smallest of the Scandinavian countries
- The southernmost of the Scandinavian countries
- Only has a physical border with Germany
- Denmark's regions are: North, Mid, West and South Jutland, Funen, Zealand, and North Zealand and Copenhagen

Travel distances

- Copenhagen to Odense: Under 2 hours by car
- Odense to Aarhus: Under 2 hours by car
- Aarhus to Aalborg: Under 2 hours by car

Facts

- [Video Introduction](#)
- Denmark's currency is the Danish Kroner
- Tipping is not required
- Most Danes speak fluent English
- Denmark is one of the happiest countries in the world and Copenhagen is one of the world's most liveable cities
- Denmark is home of 'Hygge', New Nordic Cuisine, and LEGO®
- Denmark is easily combined with other Nordic countries
- Denmark is a safe country
- Denmark is perfect for all types of travelers (family, romantic, nature, bicyclist dream, history/Vikings/Royalty)
- Denmark has a population of 5.7 million people

Where to have a soft adventure in Denmark

01: Bornholm

02: Møn

03: Sealand

04: Copenhagen

05: Northern/Western Jutland

06: The Lake District

Bornholm

Everyone's talking about this cute little Baltic island full of culinary wonders and laid-back island living. It is also Denmark's unofficial soft adventure hub.

If you know a little about Denmark, then you know that the country is mainly flat with white sandy beaches. Bornholm is a little different, though: it has cliffs! That makes Bornholm the only place in Denmark where you can try outdoor [rock climbing](#).

The island also boasts great opportunities for stand-up paddling boarding, kayaking, [windsurfing](#), [diving](#), [hiking](#), [bicycling](#), mountain biking and [fishing](#)!



Bornholm



www.bornholm.info/en/



Look up local transportation [here](#)



Driving distance from Copenhagen (with ferry): 4 h 10 mins



Nearest airport: Copenhagen Airport



Look for accommodation at Bornholm [here](#)

Møn

Just under two hours south of Copenhagen is one of Denmark's biggest and most surprising wonders, Møns Klint, on the island of Møn. The 70 million-year-old chalk cliffs are gently crumbling into the clear and inviting water of the Baltic Sea.

There are many ways of exploring this beautiful UNESCO Biosphere Reserve, whether that is on land or on water. You can enjoy the view from a kayak on the sea or look down at it from a horseriding trip over the island.

But Møn has more to offer than just the scenic chalk cliffs, and a great way to find out is hiking the extensive web of the Camønoen trails. Get out the good ol' hiking boots and get ready to get wowed by this charming island.



Møn



www.visitdenmark.com/denmark/highlights/zealand/mons-klint



Look up local transportation [here](#)



Driving distance from Copenhagen: 2 h



Nearest airport: Copenhagen Airport



Look for accommodation at Møn [here](#)

Zealand

If you are looking for a scenic outdoor experience close to Copenhagen, then Camp Adventure in Rønnede (approx. one hour south of Copenhagen) is a must-visit! This place offers some of the most scenic views of Zealand from its award-winning Forest Tower and a chance to work on those climbing muscles at the challenging climbing park.

Camp Adventure Climbing Park is the largest in Denmark and spreads over an area of 7,5 hectares. The 10 climbing courses move in and out and across of the beech forest and is suitable for adults and children alike. If you want to work on that fear of heights, this is the perfect place.



Sealand



www.visitdenmark.com/denmark/explore/forest-tower-camp-adventure-gdk1108133



Look up local transportation [here](#)



Driving distance from Copenhagen: 1 h



Nearest airport: Copenhagen Airport



Look for accommodation in Copenhagen [here](#)



Copenhagen

If you thought a trip to Copenhagen means just enjoying delicious food at hip restaurants and walking around beautiful colorful streets – then think again!

Copenhagen is also full of urban adventures. Did you know that you could go climbing and a skiing trip at CopenHill all year round, our leisure centre perched on top of a waste-to-energy plant in the city?

If you are looking for a slower adventure activity, we would recommend going on a calming trip down the canals of Copenhagen on a SUP board or in a kayak. And if you haven't yet tried a dip in one of the urban harbour baths in Copenhagen, put it on your to-do-list. The best way to get around also involves a little urban adventure: jump on one of our many rental bikes and take it for a spin.



Copenhagen



www.copenhill.dk/en



Look up local transportation [here](#)



Nearest airport: Copenhagen Airport



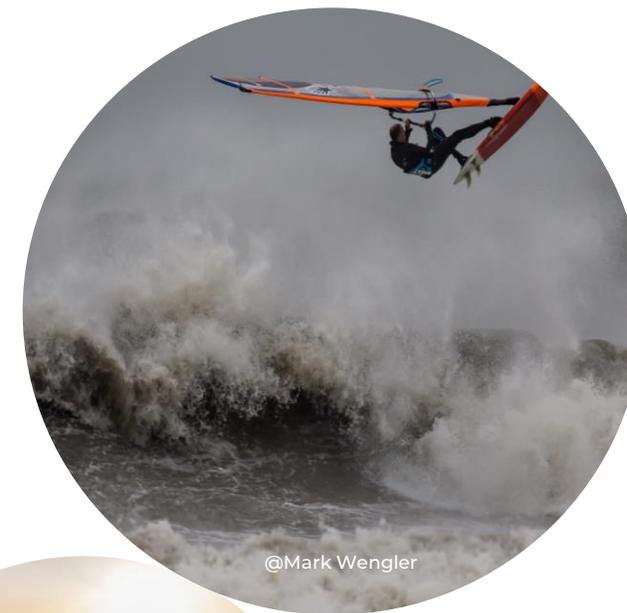
Look for accommodation in Copenhagen [here](#)

Northern/Western Jutland

If you thought that surfing is only fun in the warmer parts of the world, then you are in for a surprise! Cold Hawaii, located in Klitmøller in the north Jutland, is a place to come and try those big waves for yourself.

The surf culture in Klitmøller has been emerging since the 1980s, when locals realized it has great weather conditions for the sport. It is, in fact, one of the world's most favorable spots for windsurfing and surfers can be seen on the waves all year round.

If you are less of a water baby and more of a walker, there is also the option of going on a beautiful hike in National Park Thy. The national park is the last wilderness in Denmark, and here you can experience sandy beaches, beautiful moors and entrancing wildlife.



Thy



www.visitnordjylland.com/north-jutland/destinations/klitmoller



Look up local transportation [here](#)



Driving distance from Aarhus: 2 h 15 mins



Nearest airport: Billund Airport



Look for accommodation at Thy [here](#)

The Lake District

With more than 50 lakes and a forest area that stretches over 224 square kilometres, Silkeborg Søhøjlandet is the largest nature area in the entire country. This region is home to Denmark's longest river (the Gudenå, 160km long), which you can explore by kayak or canoe.

The Danish Lake District is home to some of the best hiking trails in Denmark. Just bring your walking boots and camera, and come and enjoy the scenery.



Silkeborg



[Silkeborg \(visitdenmark.com\)](https://www.visitdenmark.com)



Look up local transportation [here](#)



Driving distance from Copenhagen (with ferry): 4 h 10 mins



Nearest airports: Billund or Aarhus Airports



Look for accommodation in Silkeborg [Here](#)

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